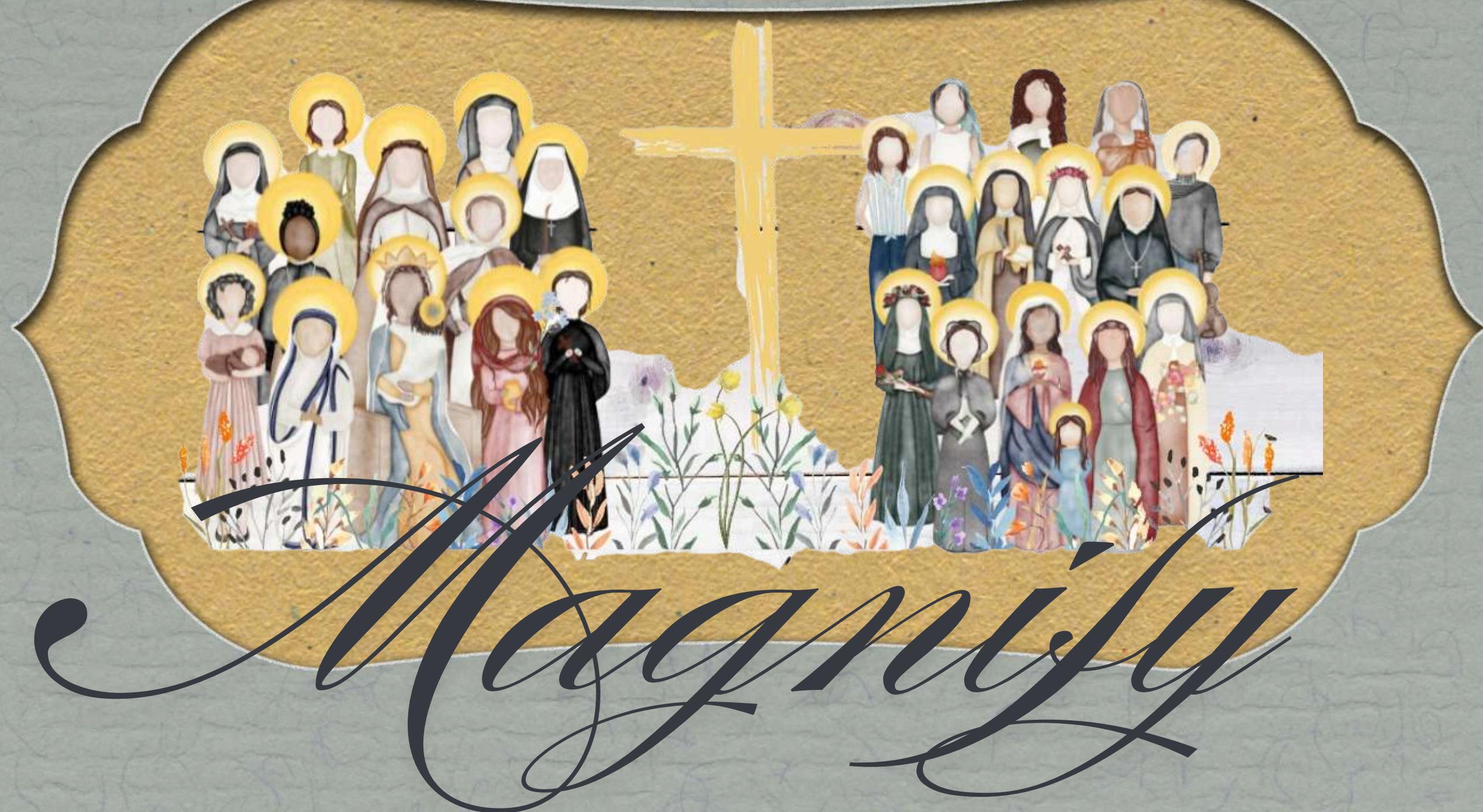


# *Magnify*





# Magnify

## MAGNIFY - SEMAINE \_\_\_\_

Pratiques quotidiennes

Lu

Ma

Me

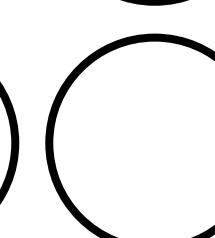
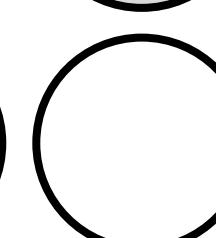
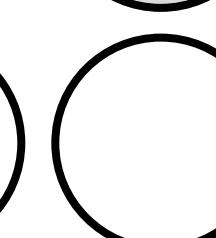
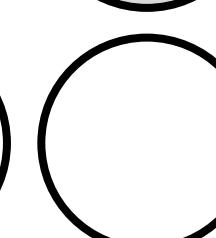
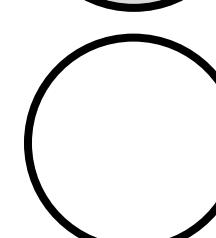
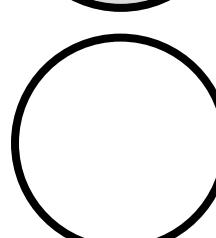
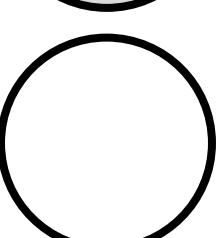
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Ve

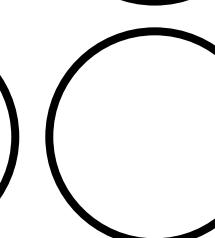
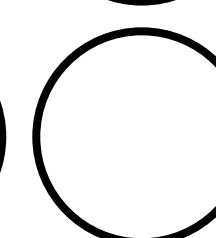
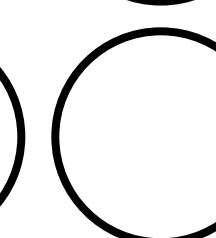
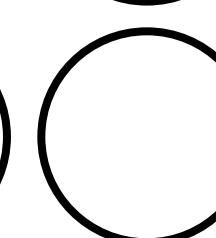
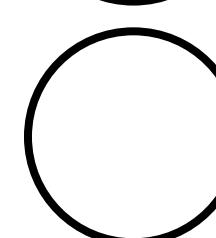
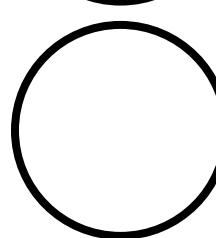
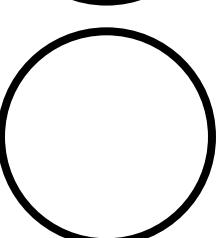
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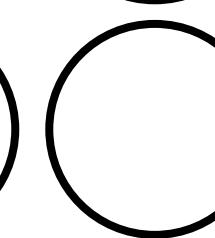
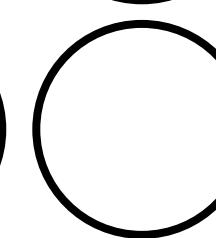
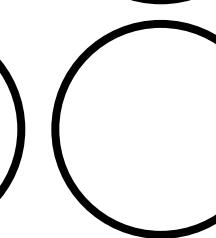
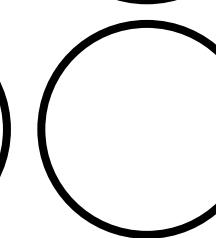
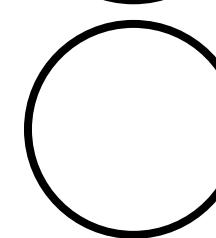
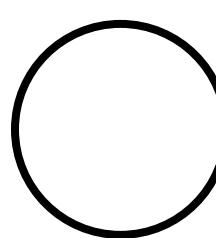
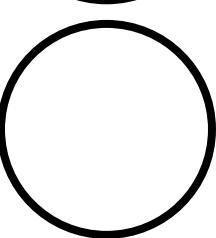
Prière (au moins 30 min.)



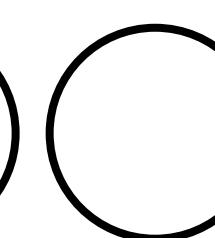
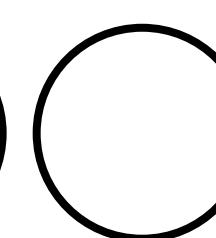
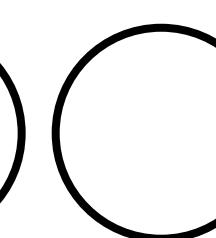
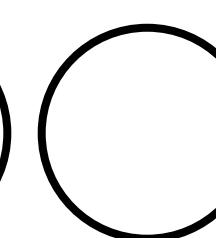
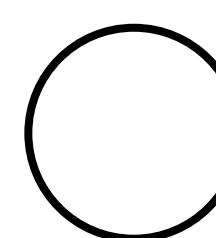
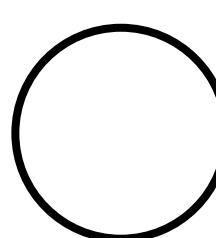
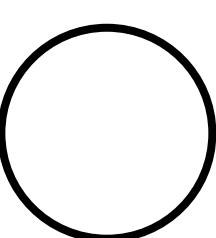
Sacrements (C Conf. / M Messe)



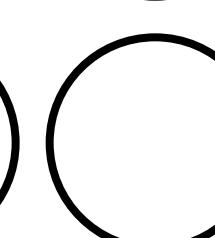
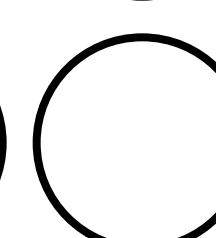
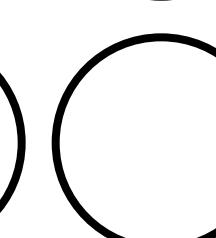
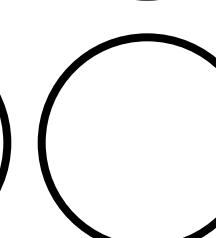
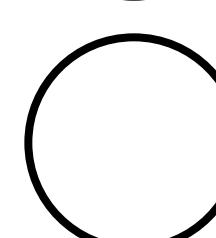
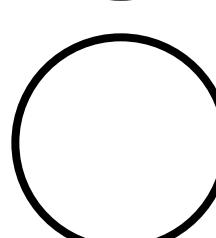
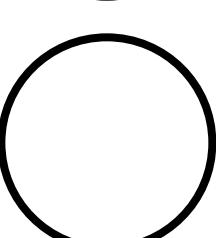
Adoration hebdomadaire



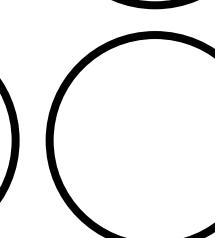
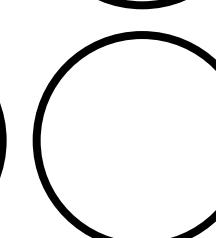
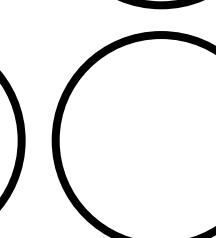
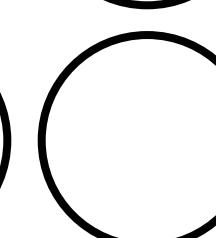
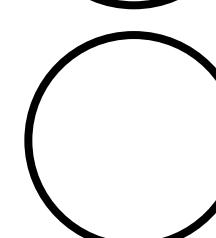
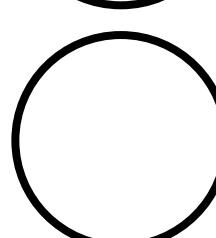
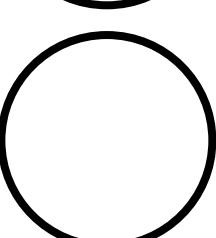
Intention de prière



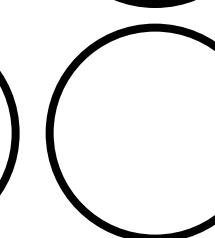
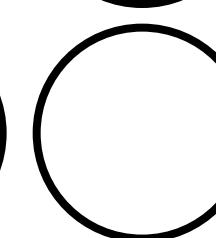
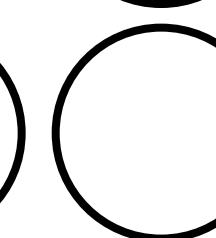
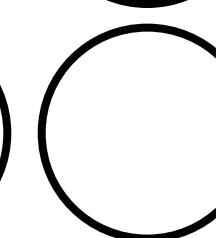
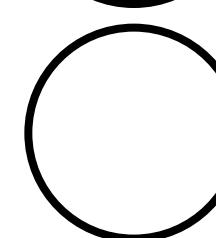
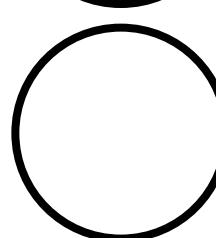
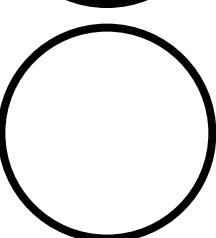
Contacter une personne



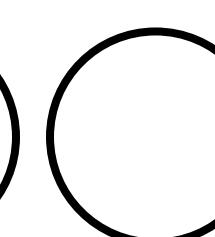
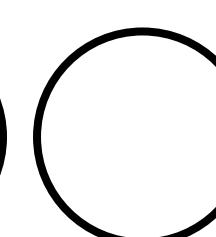
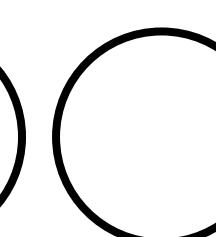
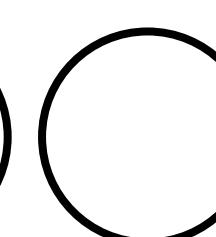
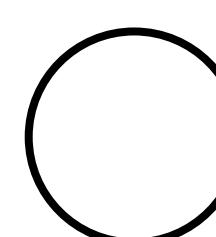
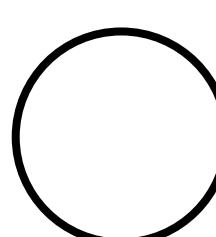
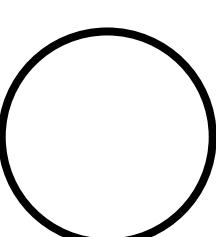
Promenade intentionnelle



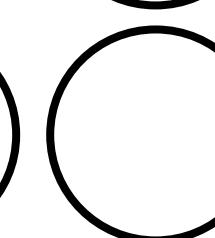
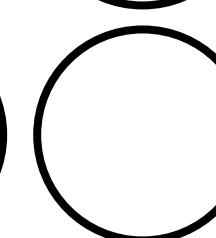
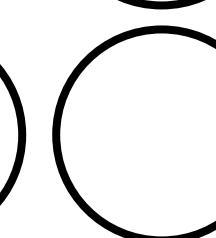
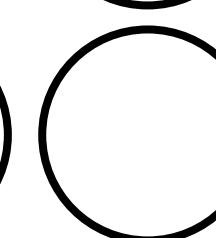
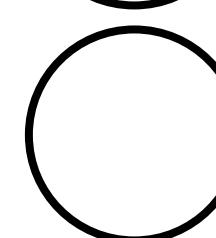
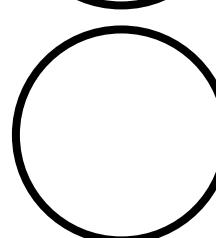
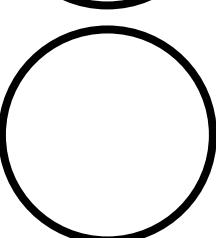
Abstention TV / films



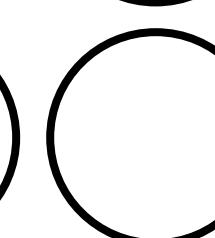
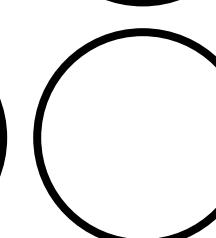
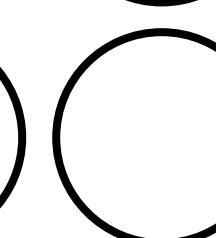
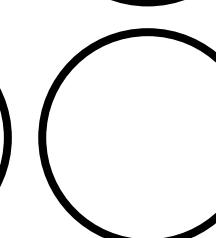
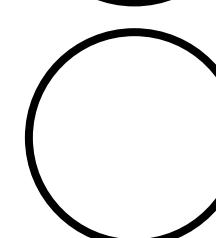
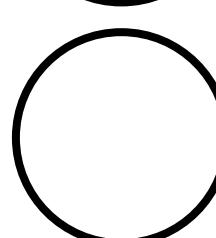
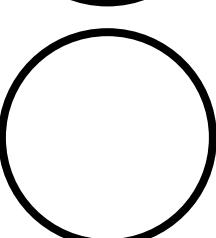
Abstention musique

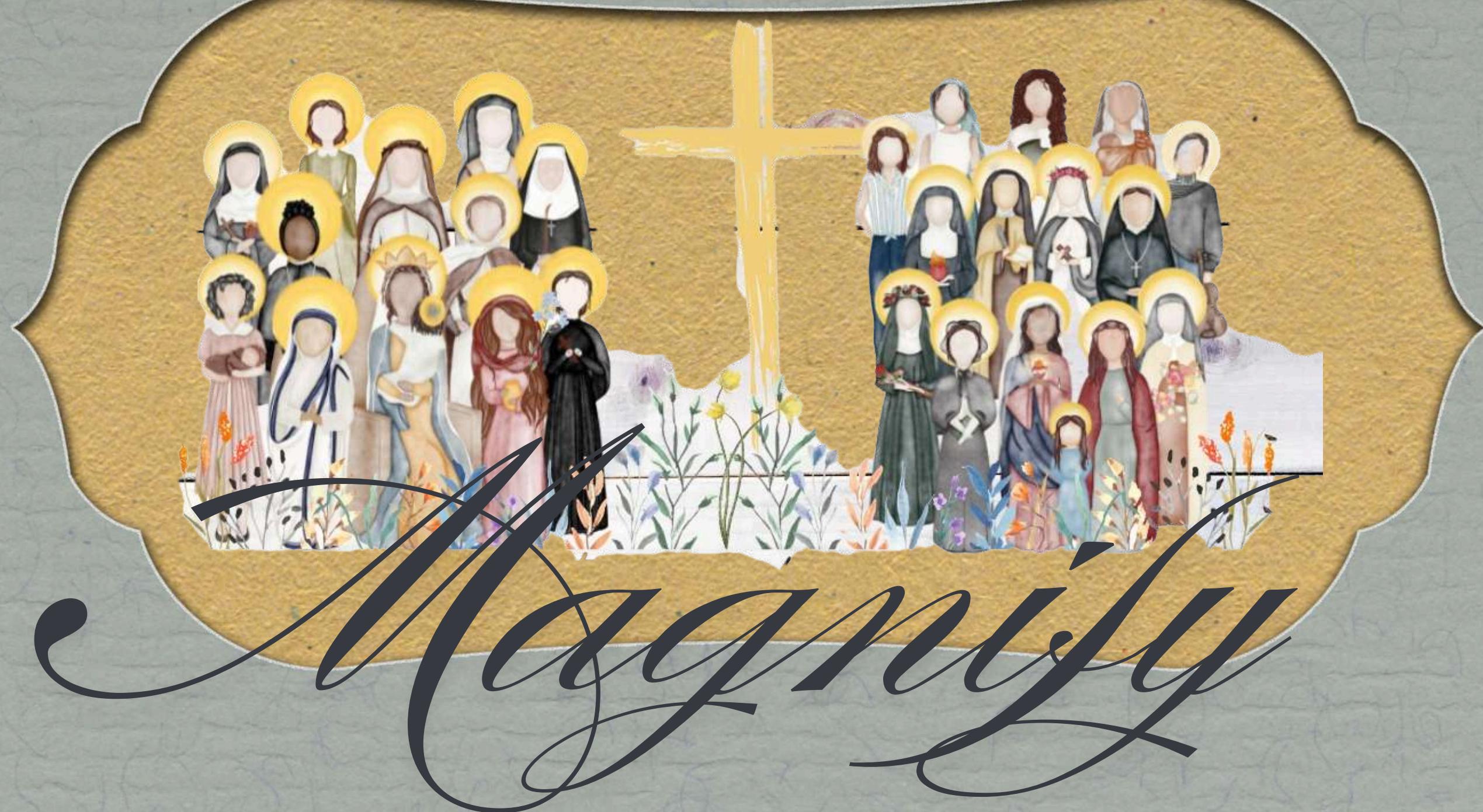


Abstention réseaux sociaux



Abs. achats non essentiels





# Magnify

## MAGNIFY - SEMAINE \_\_\_\_

Pratiques quotidiennes

Lu

Ma

Me

Je

Ve

Sa

Di

Abstention d'alcool

Abstention desserts sucreries

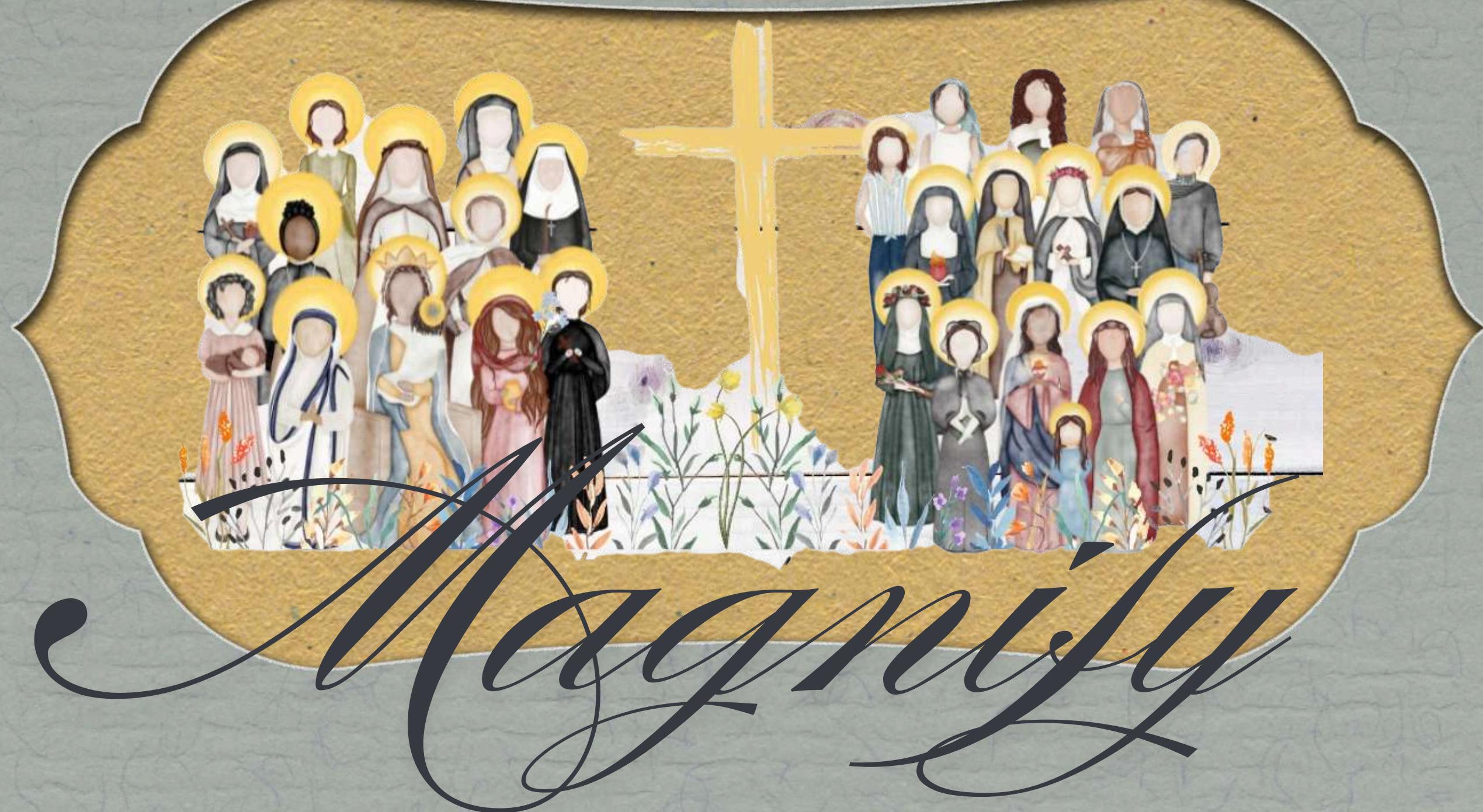
Abstention de grignotage

Jeûne (mercredi / vendredi)

Viande (mercredi / vendredi)

Abs. maquillage (me & ve)

Acte de charité



# Magnify

## MAGNIFY - SEMAINE \_\_\_\_

Pratiques quotidiennes

Lu

Ma

Me

Je

Ve

Sa

Di

Prière (au moins 30 min.)

Sacrements (C Conf. / M Messe)

Adoration hebdomadaire

Intention de prière

Contacter une personne

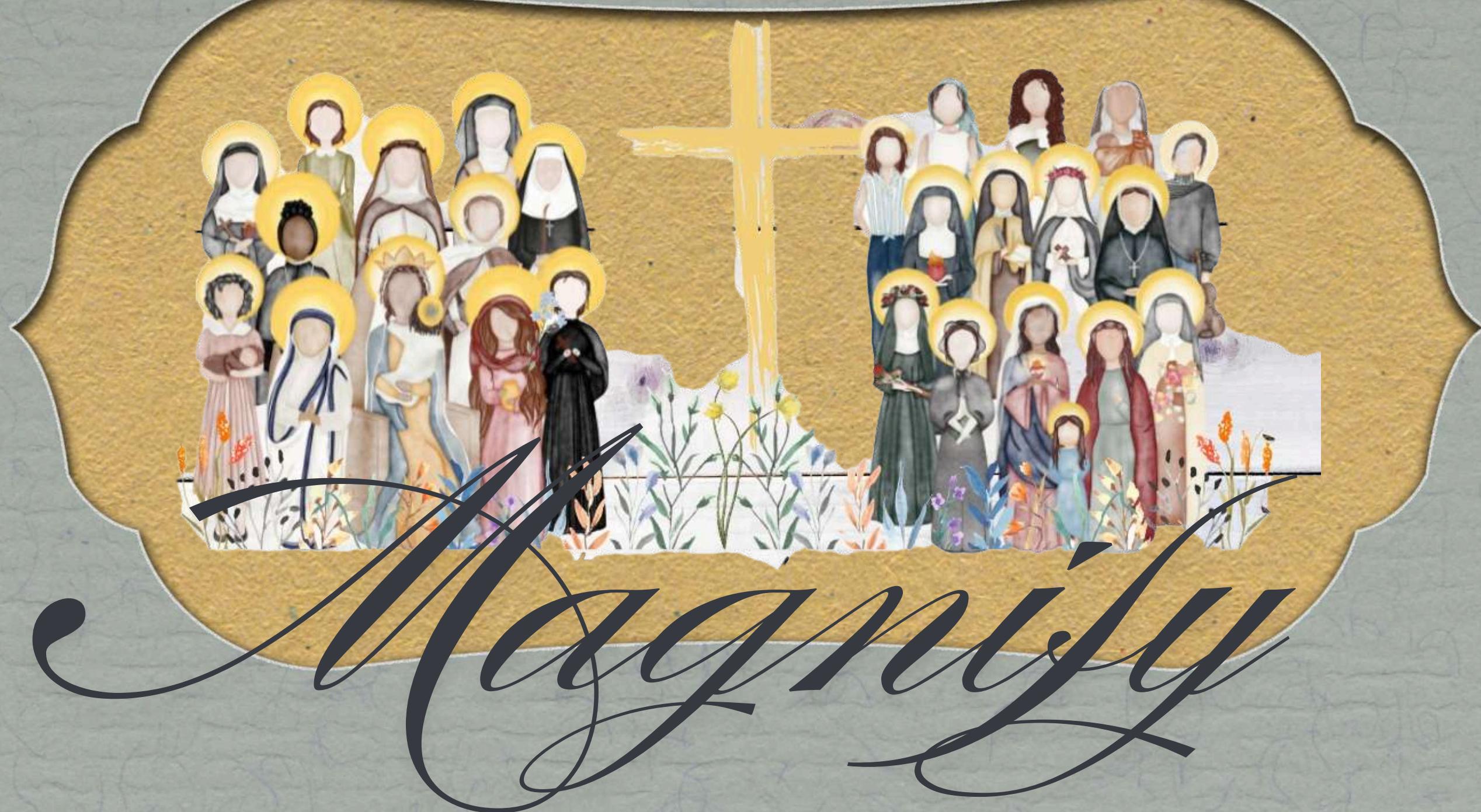
Promenade intentionnelle

Abstention TV / films

Abstention musique

Abstention réseaux sociaux

Abs. achats non essentiels



# Magnify

MAGNIFY - SEMAINE \_\_\_\_

Pratiques quotidiennes

Lu

Ma

Me

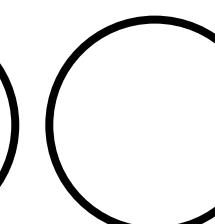
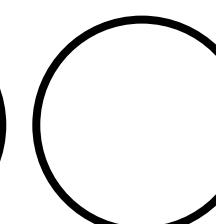
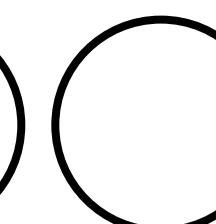
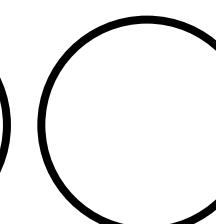
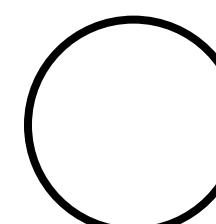
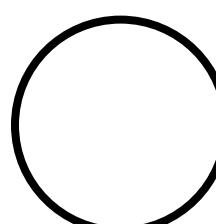
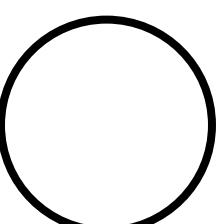
Je

Ve

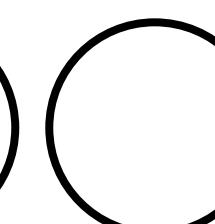
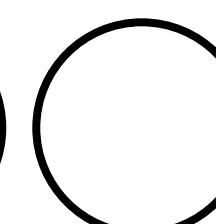
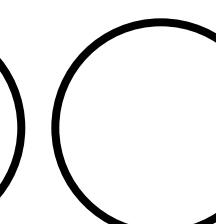
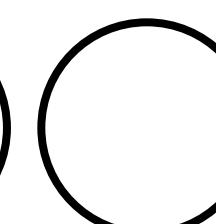
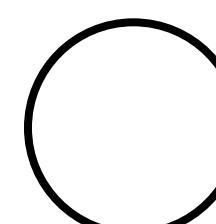
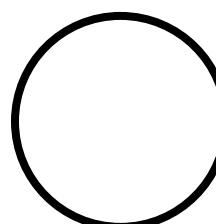
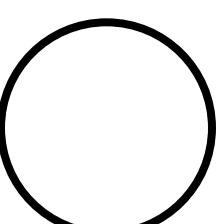
Sa

Di

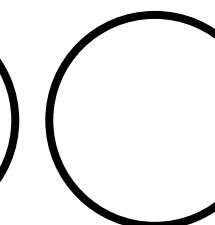
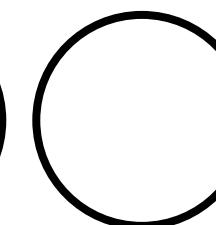
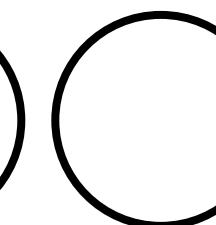
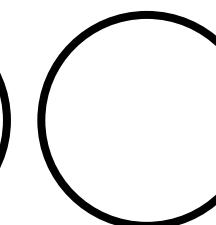
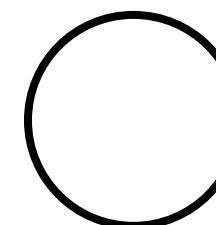
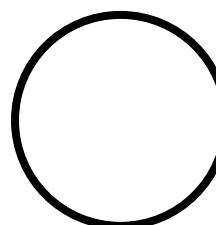
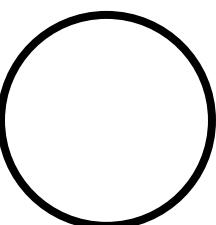
Abstention d'alcool



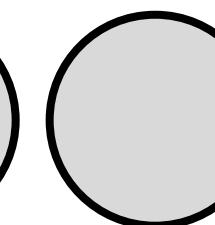
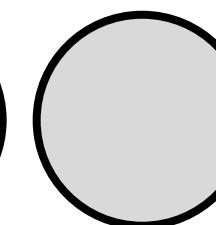
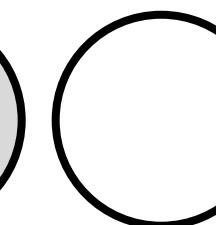
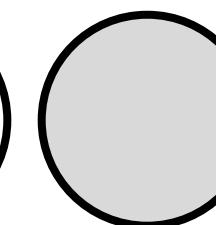
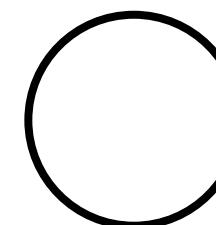
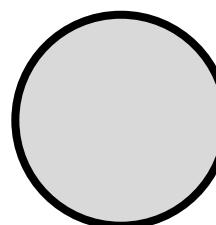
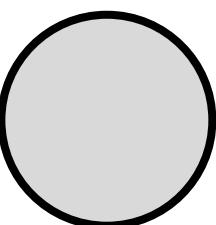
Abstention desserts sucreries



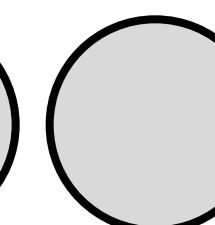
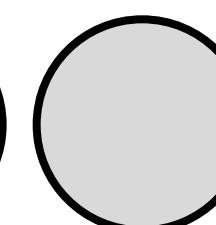
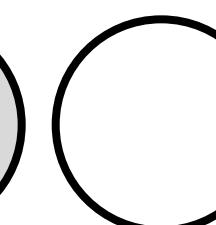
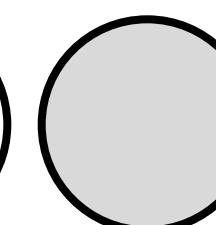
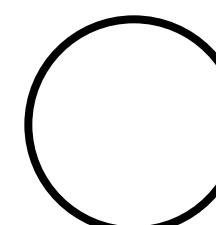
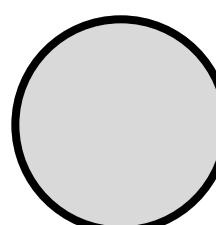
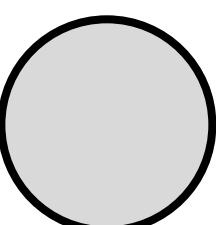
Abstention de grignotage



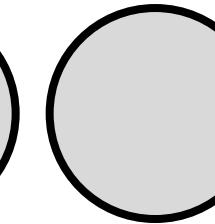
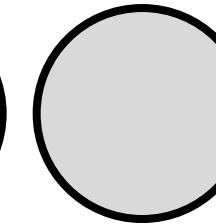
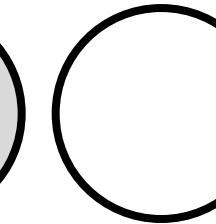
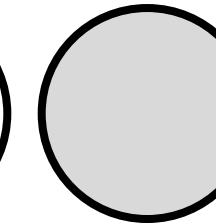
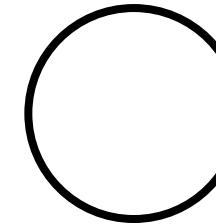
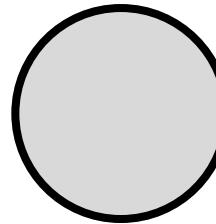
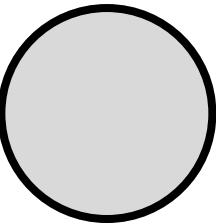
Jeûne (mercredi / vendredi)



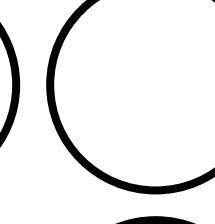
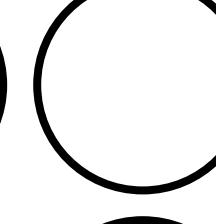
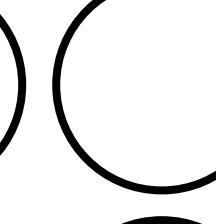
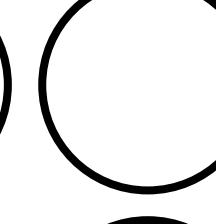
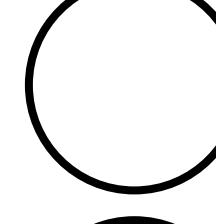
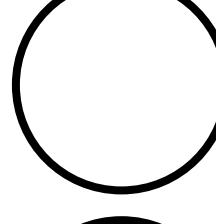
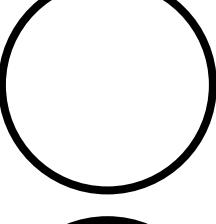
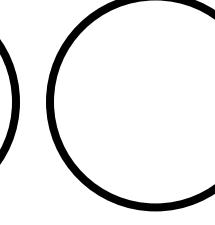
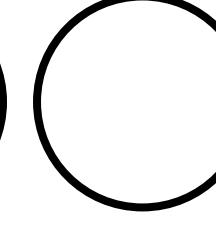
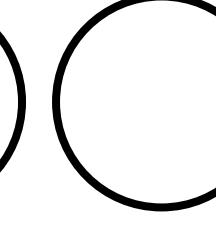
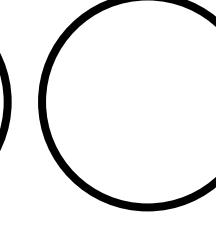
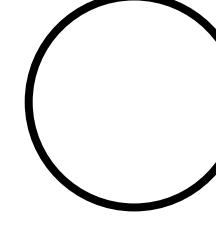
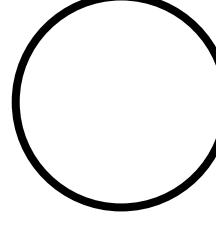
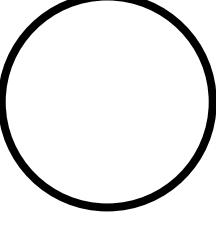
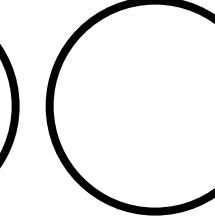
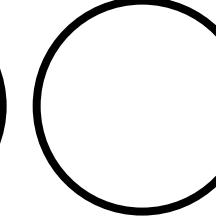
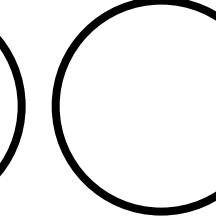
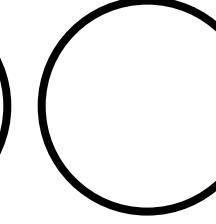
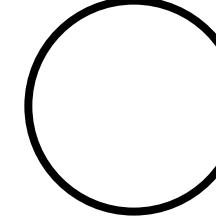
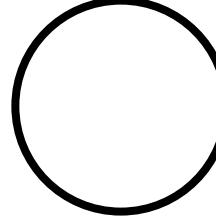
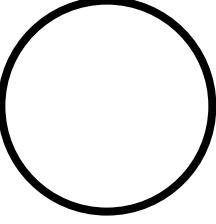
Viande (mercredi / vendredi)

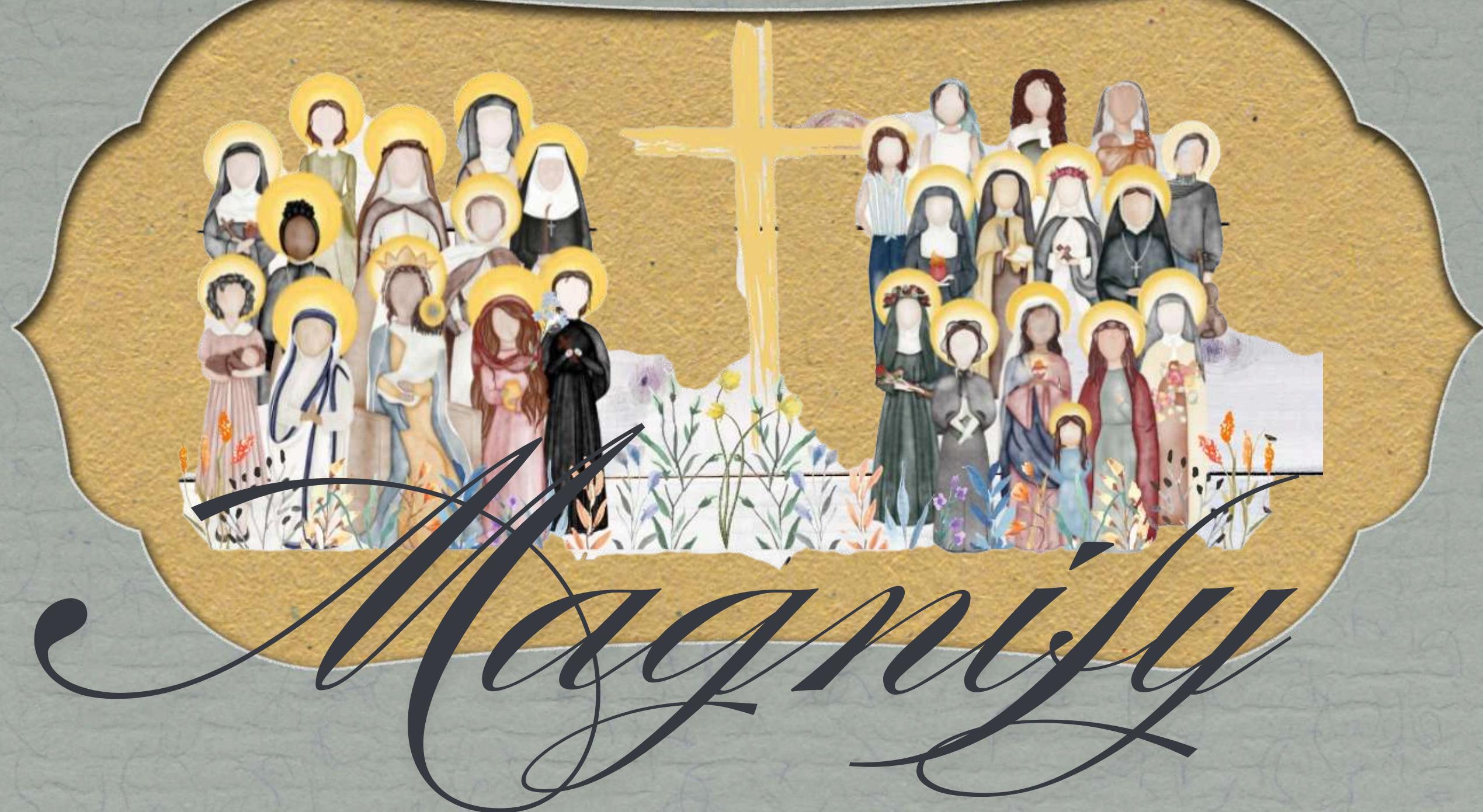


Abs. maquillage (me & ve)



Acte de charité





# Magnify

## MAGNIFY - SEMAINE \_\_\_\_

Pratiques quotidiennes

Lu

Ma

Me

Je

Ve

Sa

Di

Prière (au moins 30 min.)

Sacrements (C Conf. / M Messe)

Adoration hebdomadaire

Intention de prière

Contacter une personne

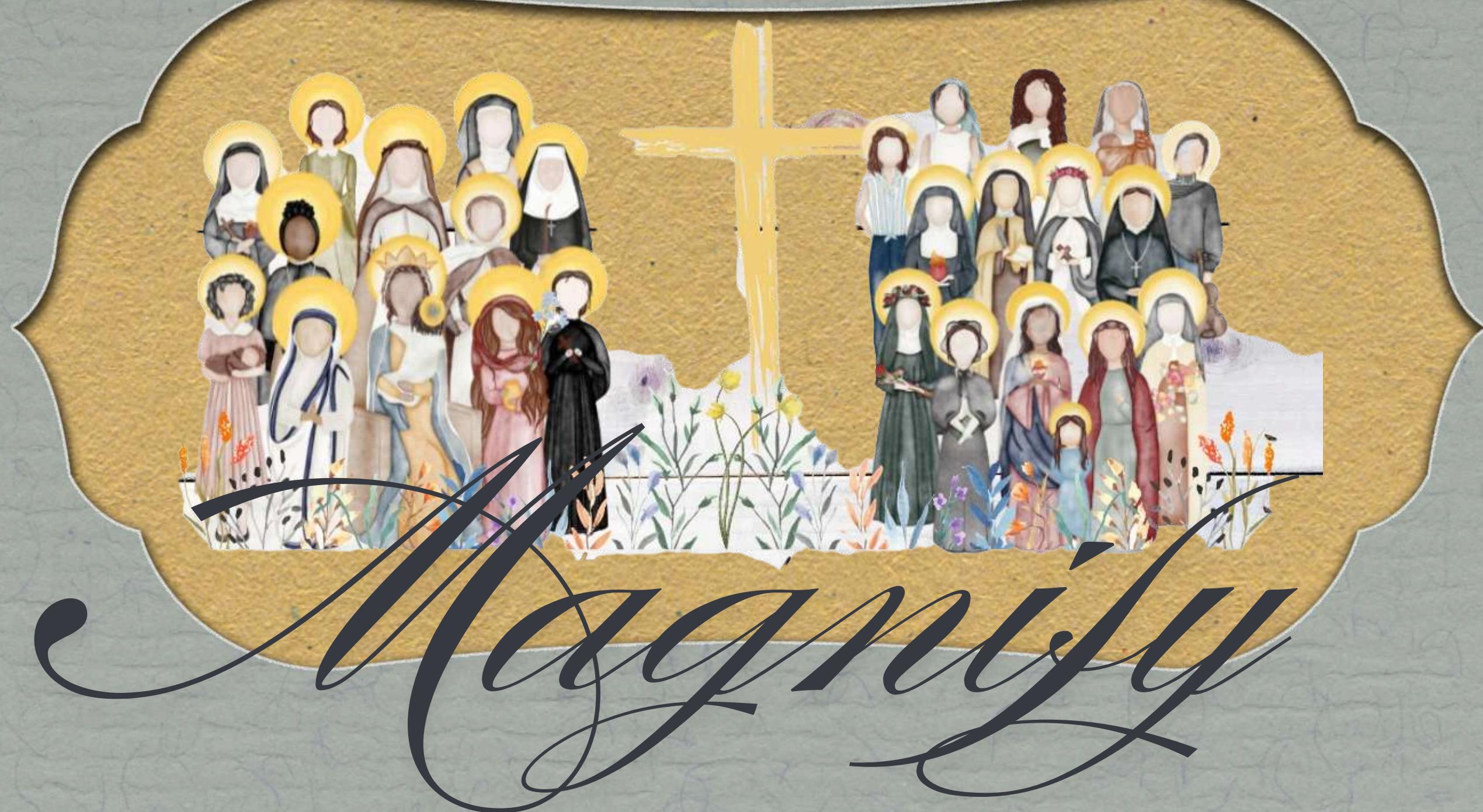
Promenade intentionnelle

Abstention TV / films

Abstention musique

Abstention réseaux sociaux

Abs. achats non essentiels



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Sa

Di

Abstention d'alcool

Abstention desserts sucreries

Abstention de grignotage

Jeûne (mercredi / vendredi)

Viande (mercredi / vendredi)

Abs. maquillage (me & ve)

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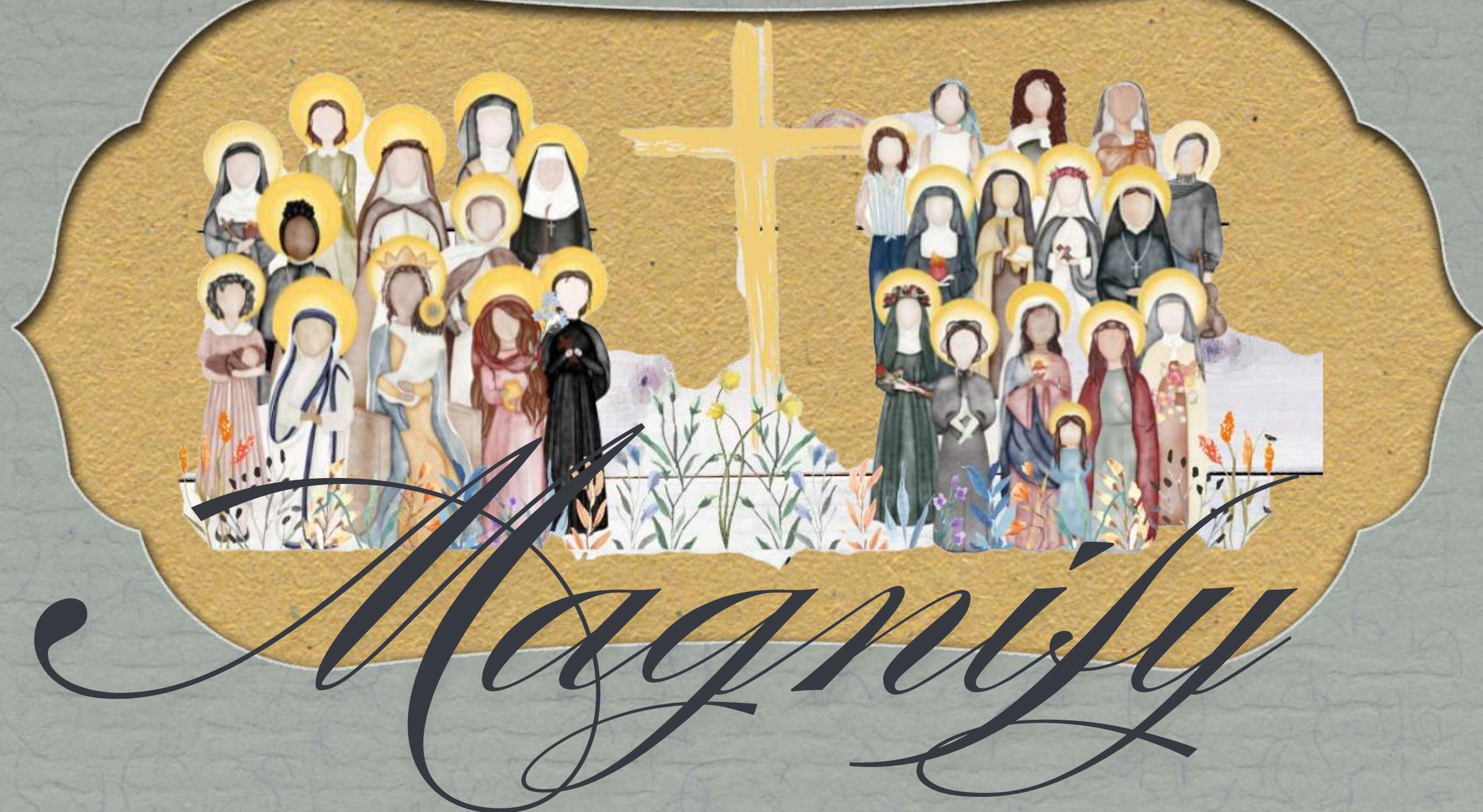
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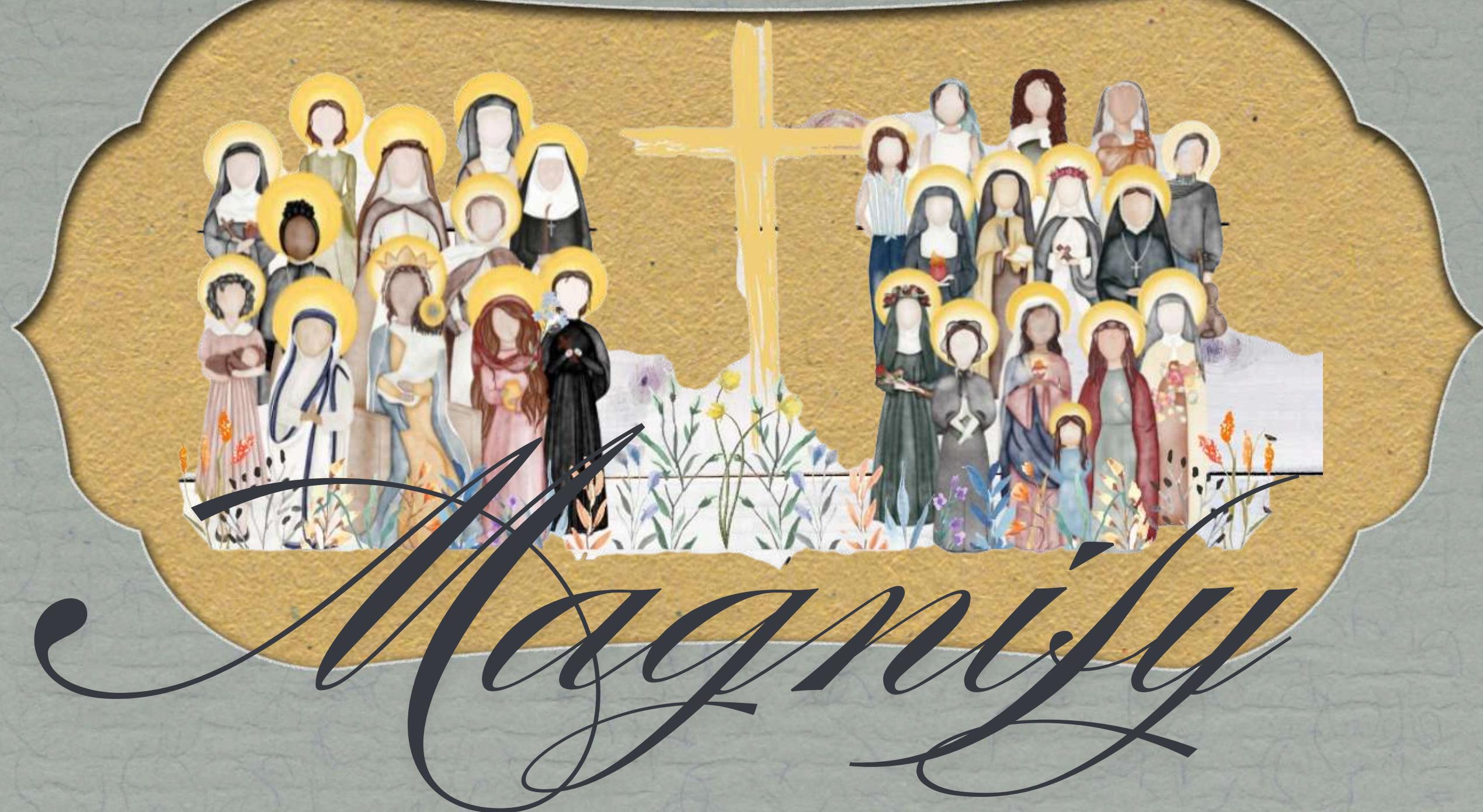
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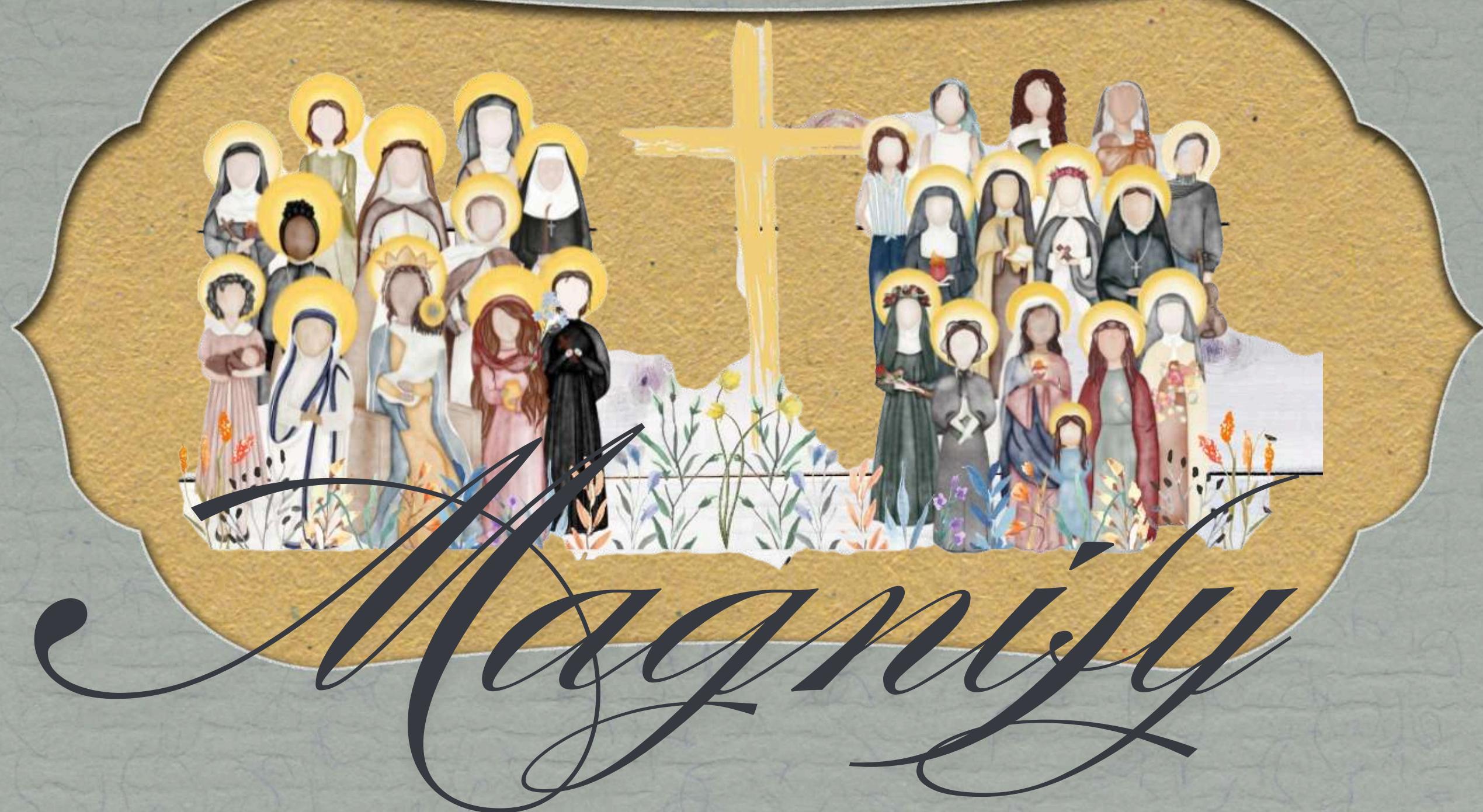
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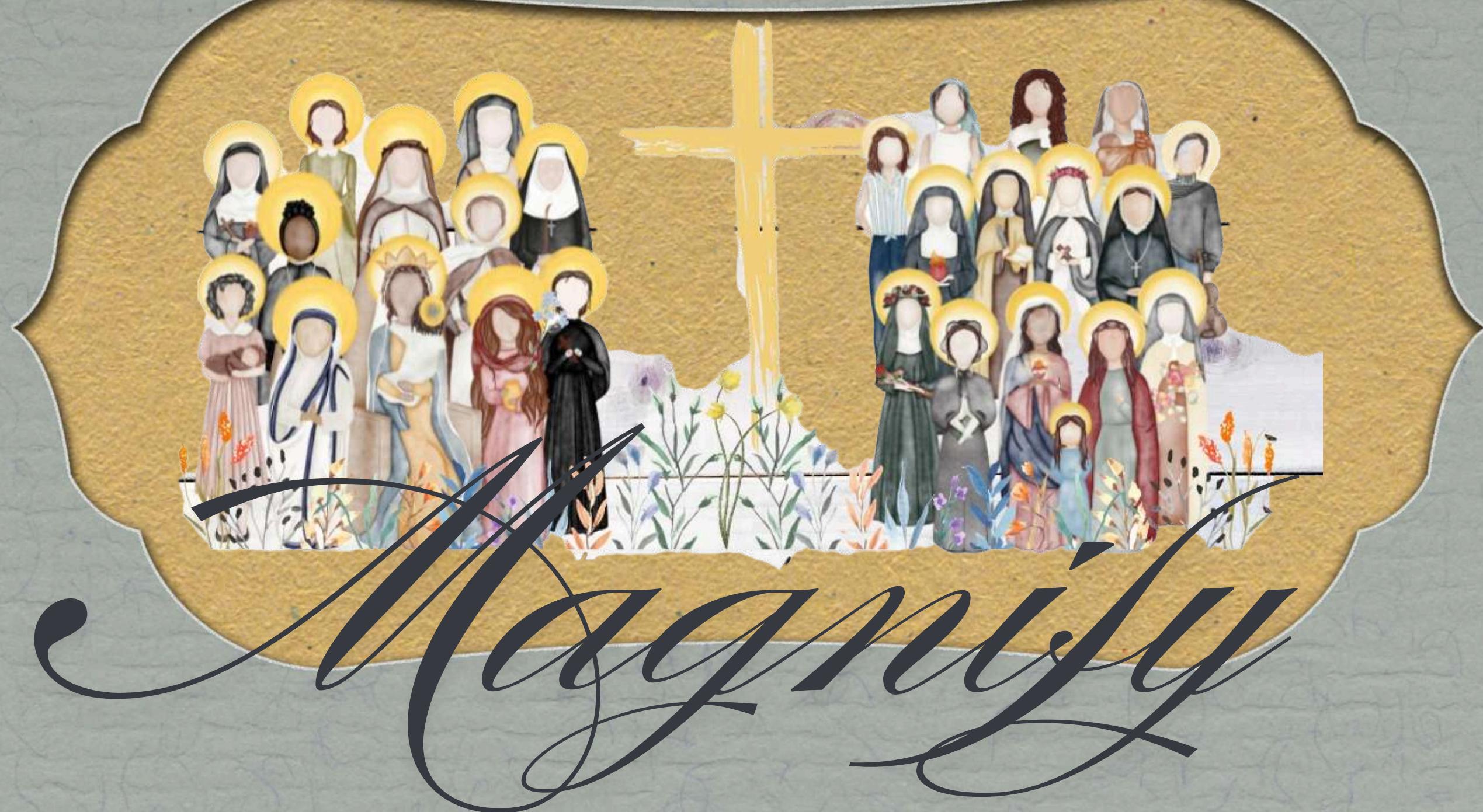
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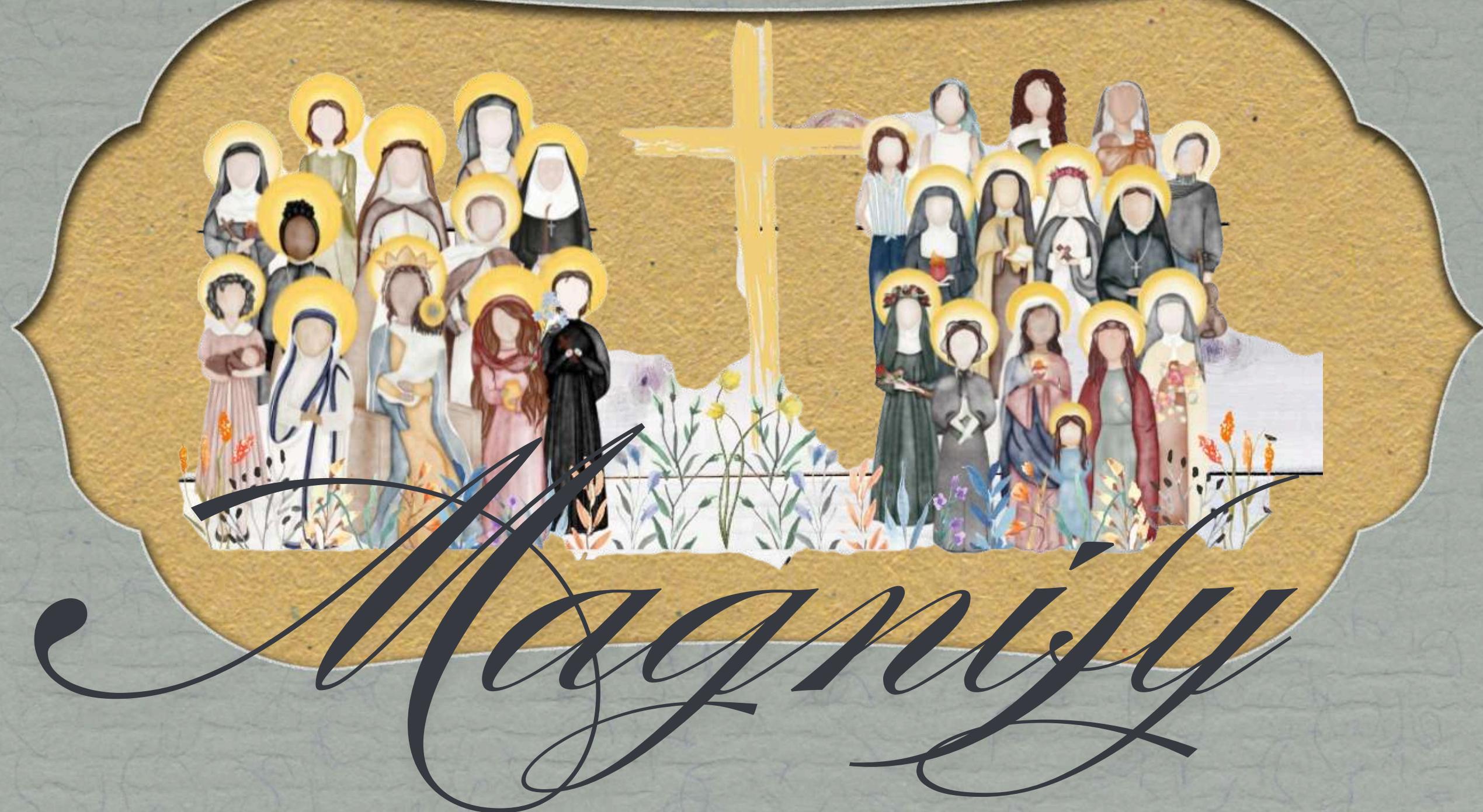
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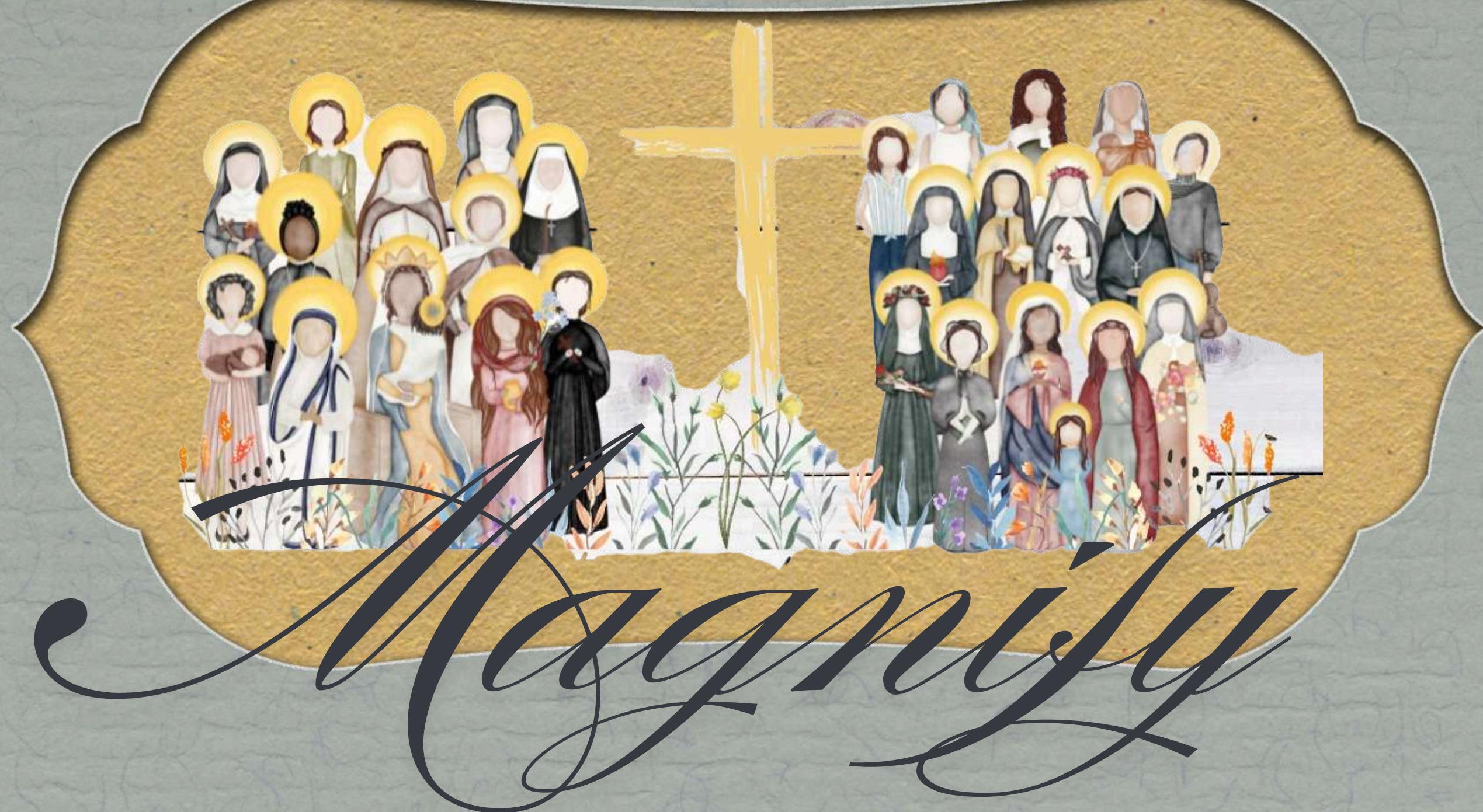
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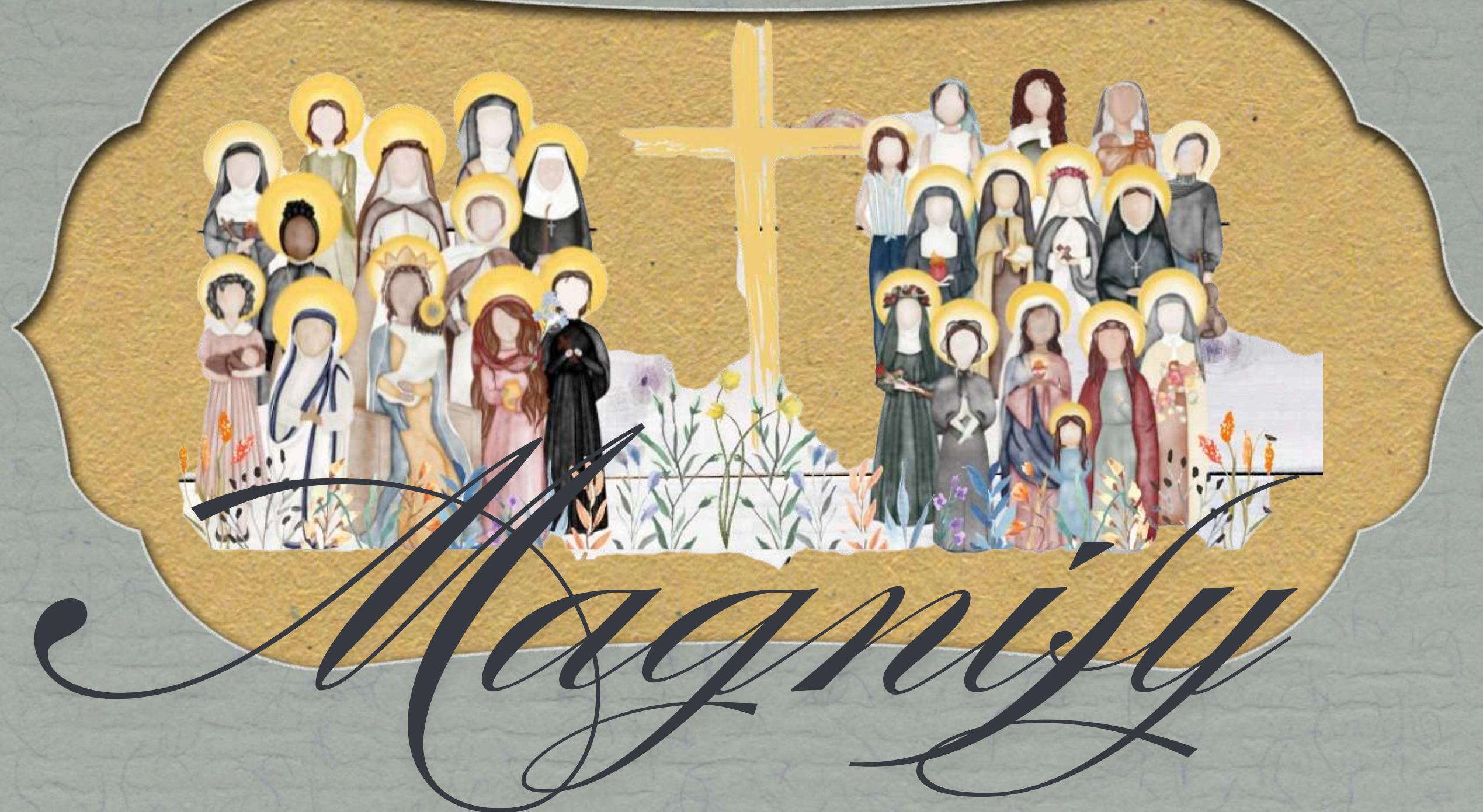
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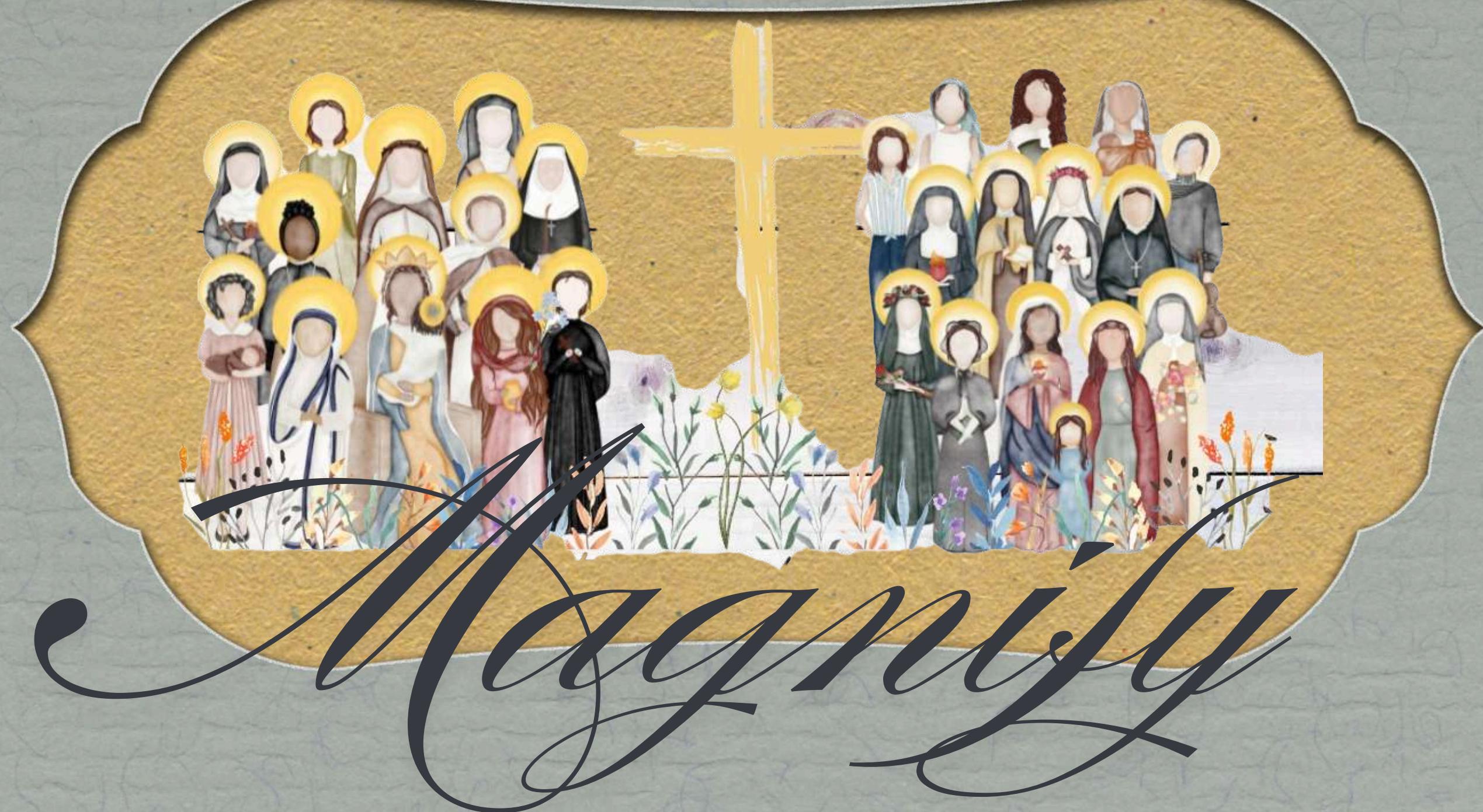
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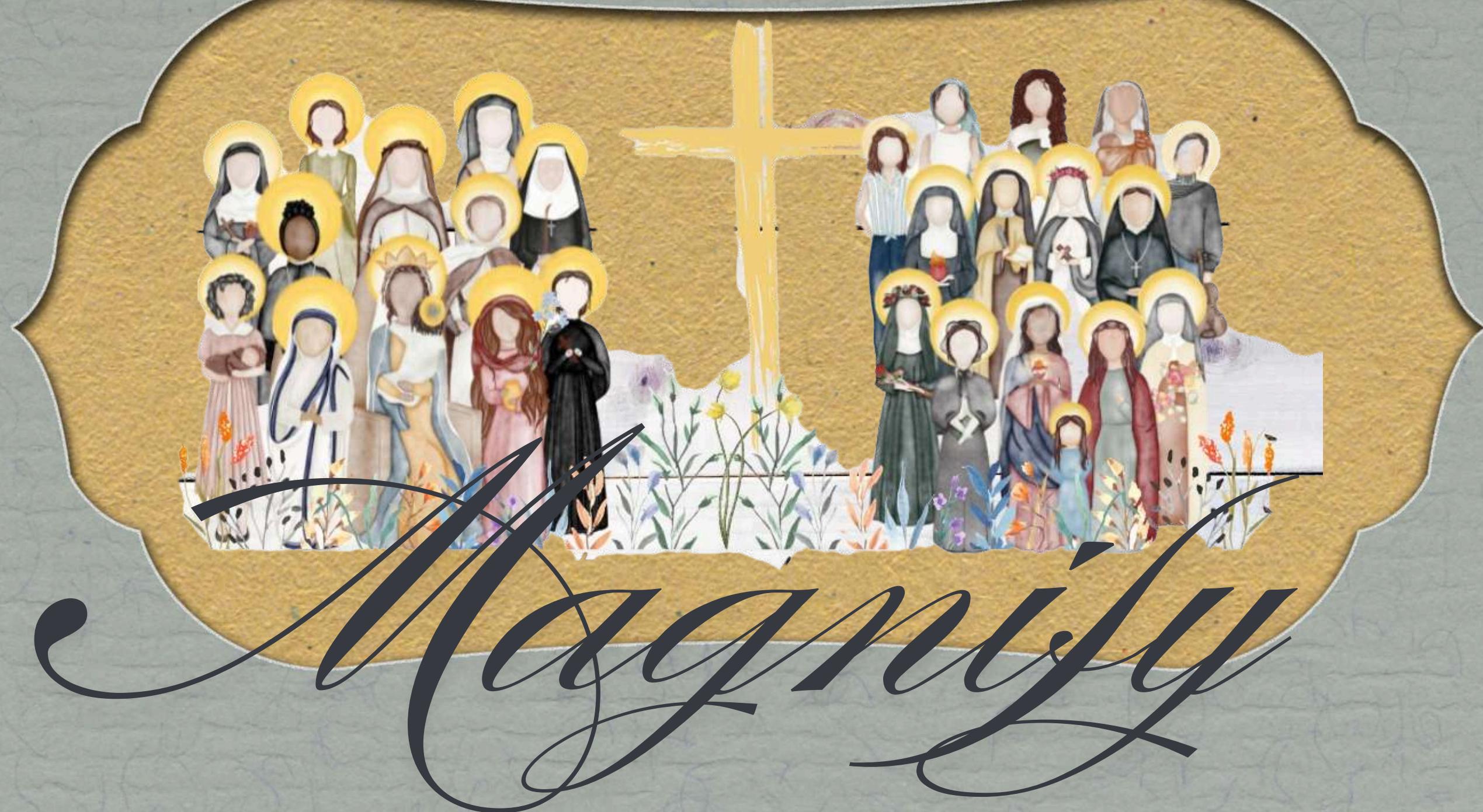
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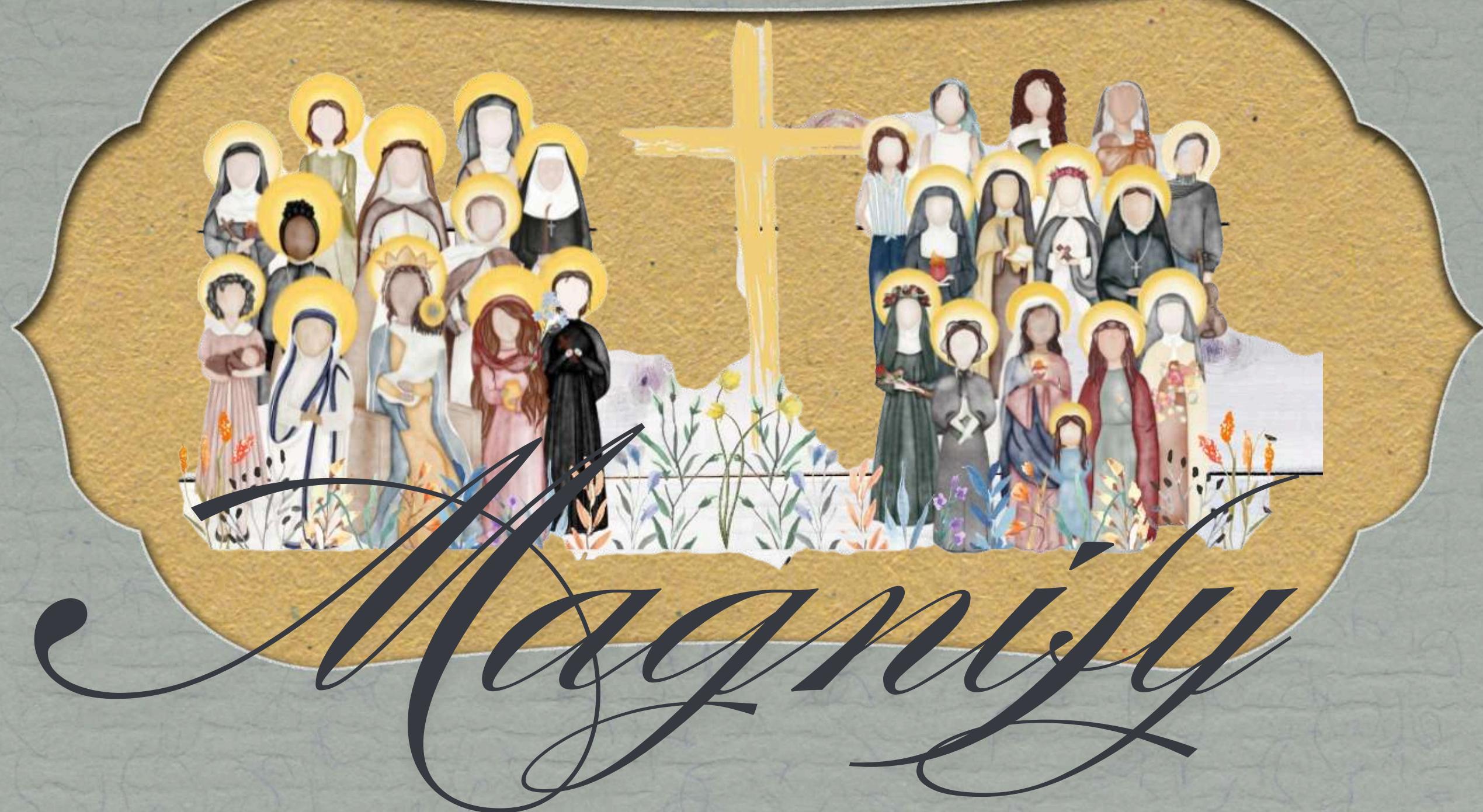
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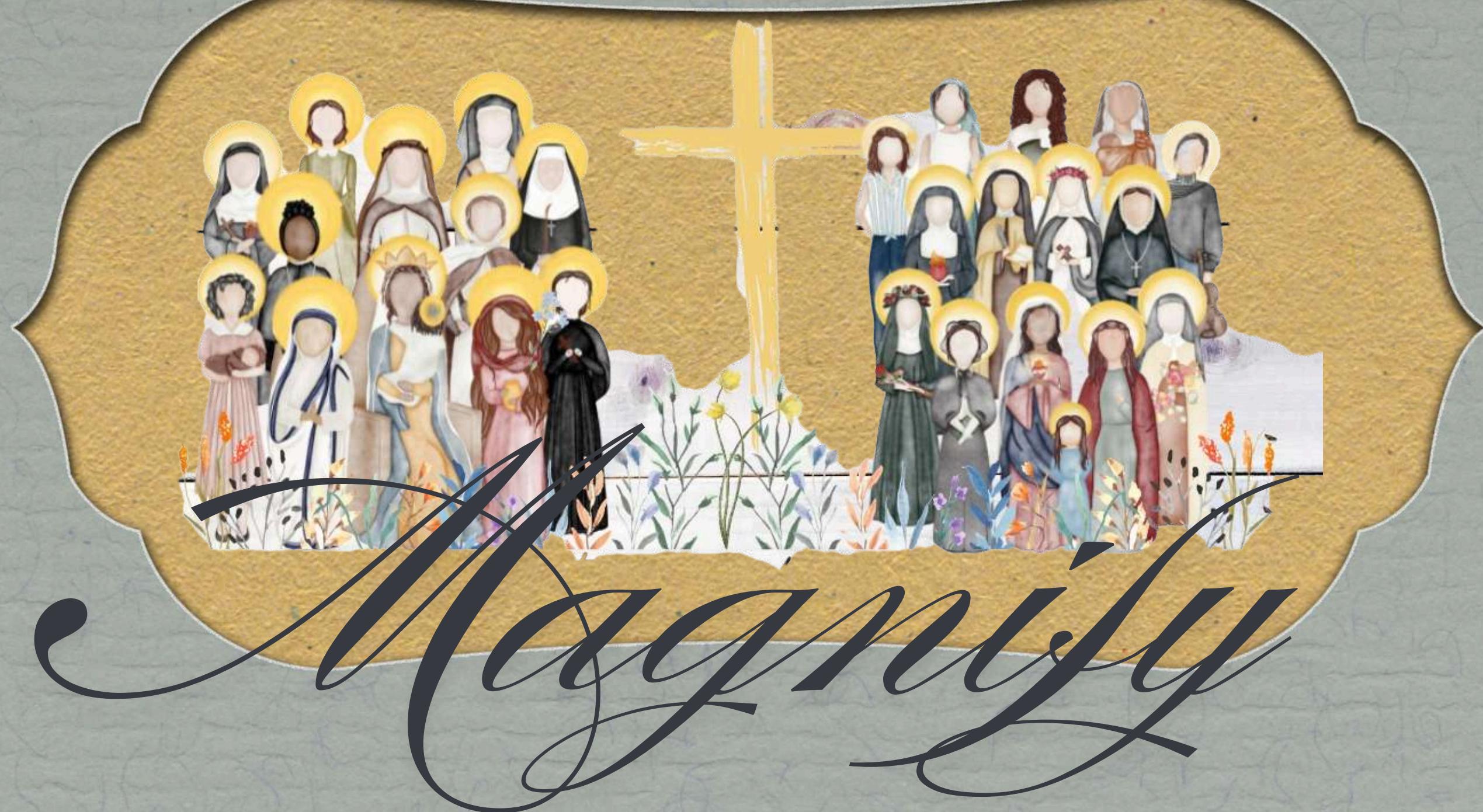
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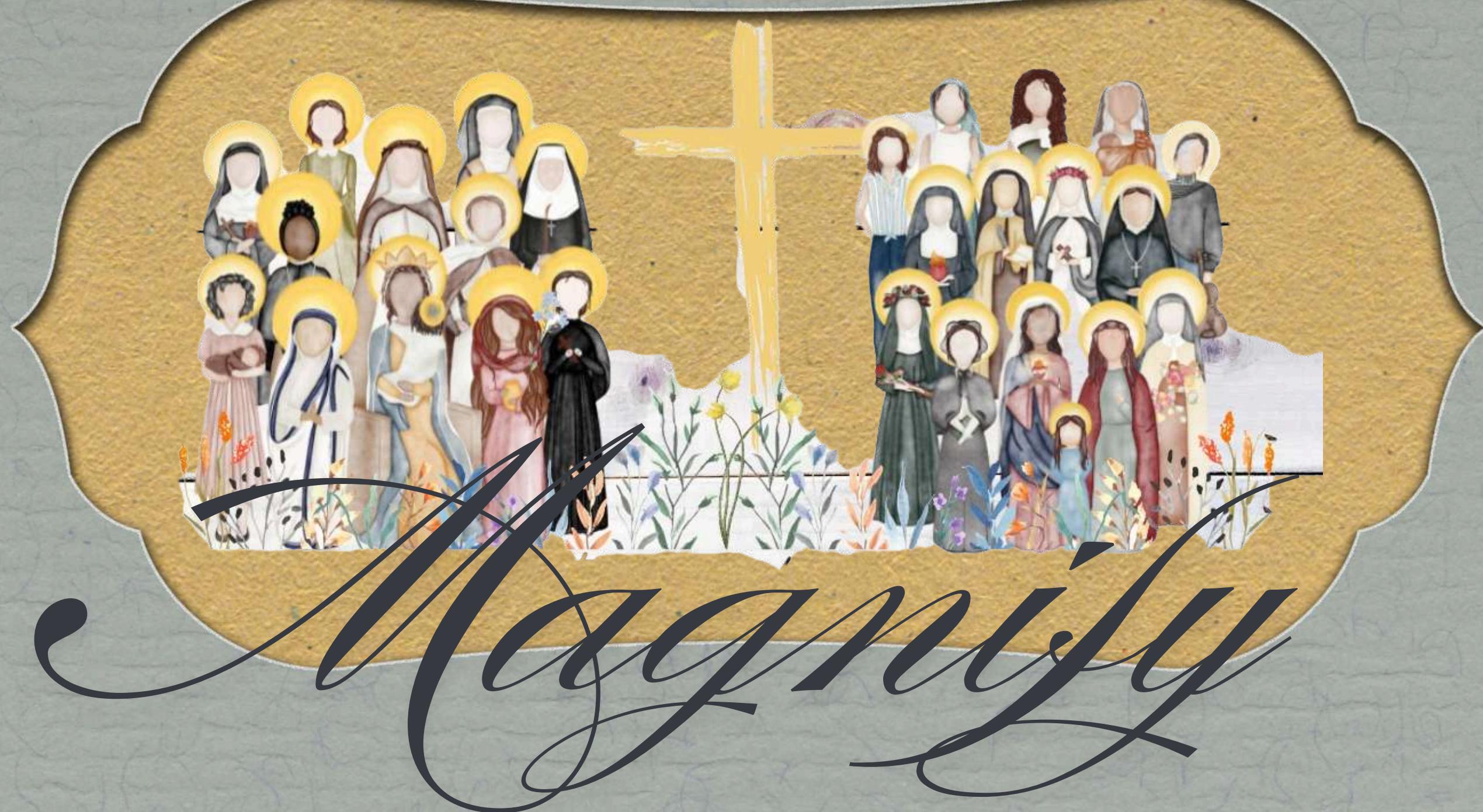
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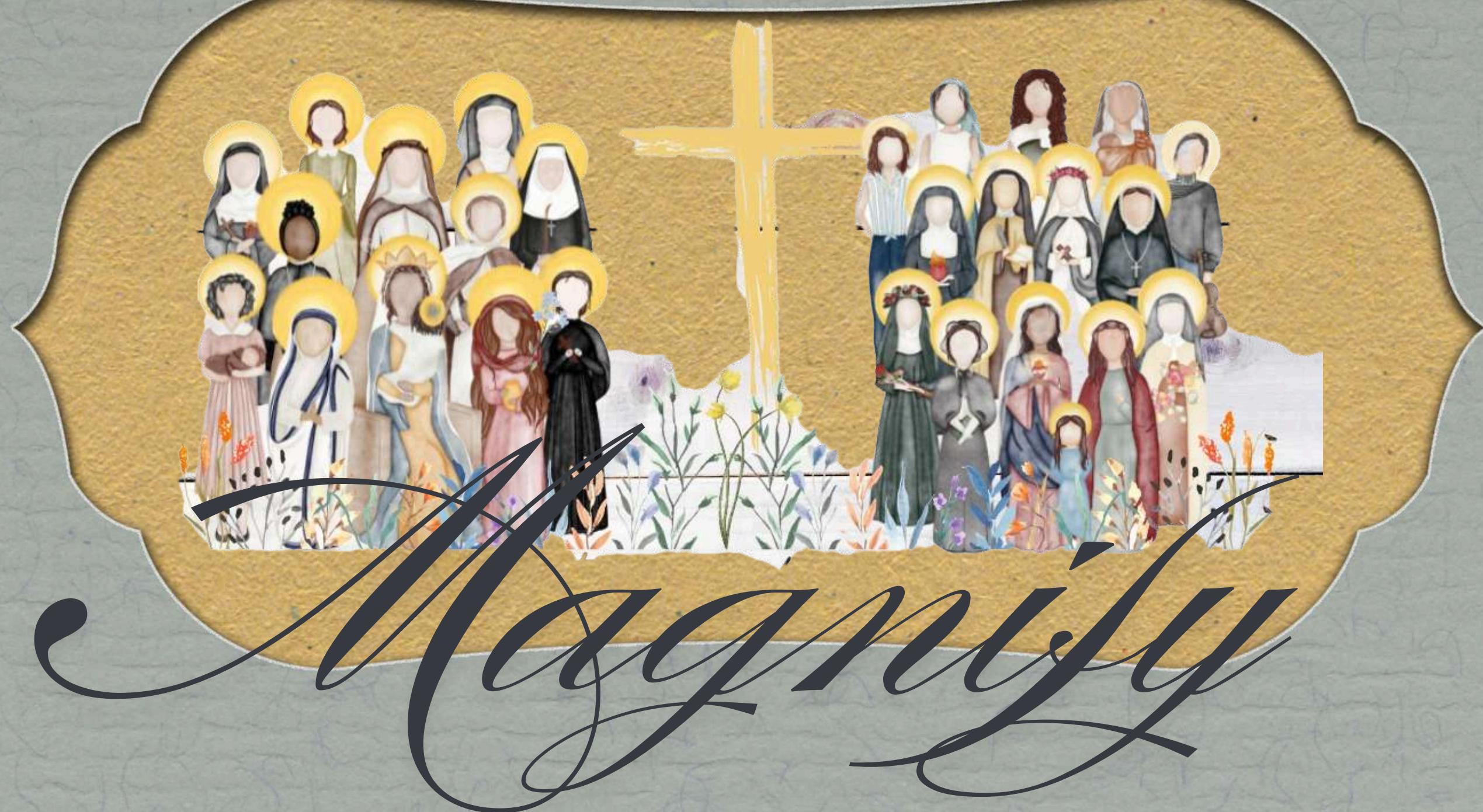
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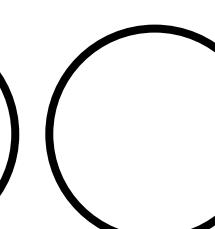
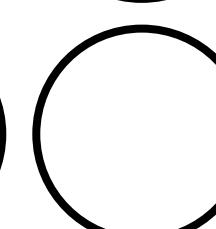
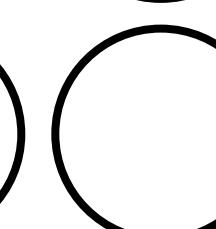
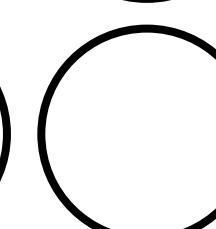
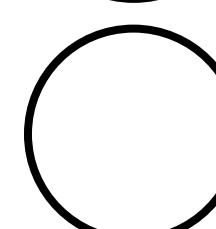
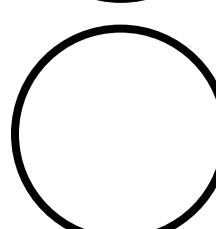
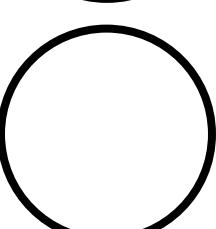
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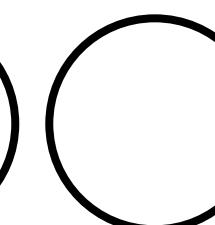
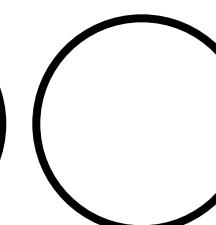
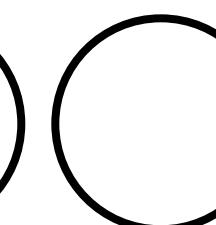
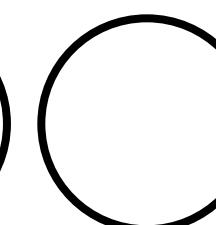
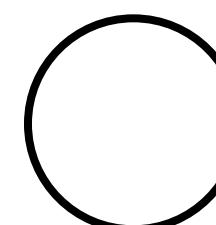
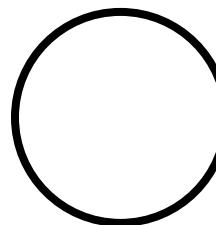
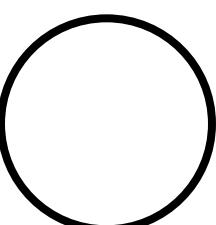
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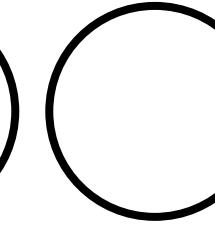
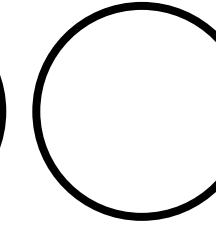
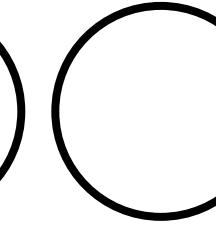
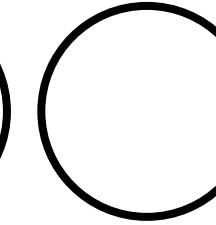
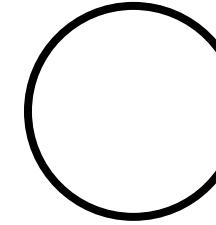
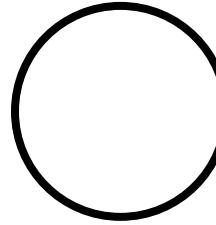
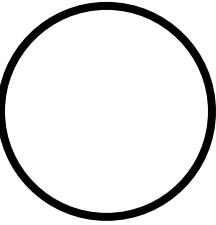
Abstention d'alcool



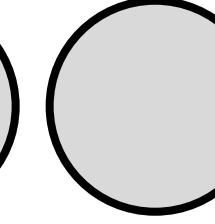
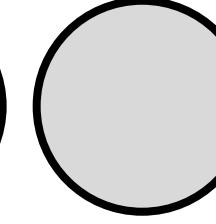
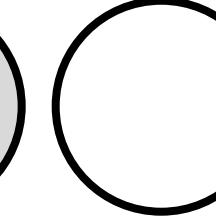
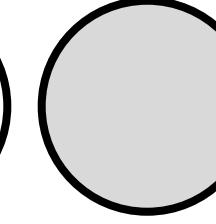
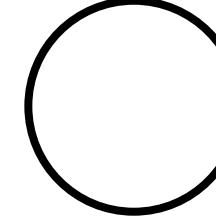
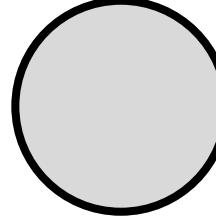
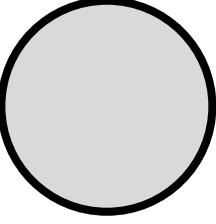
Abstention desserts sucreries



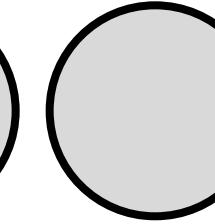
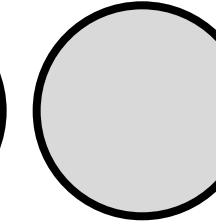
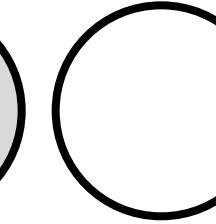
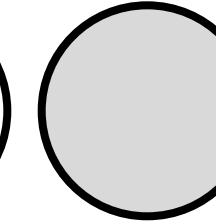
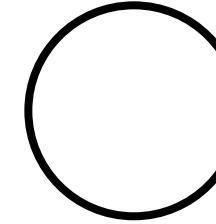
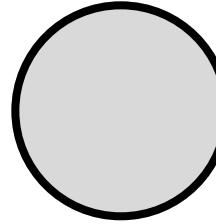
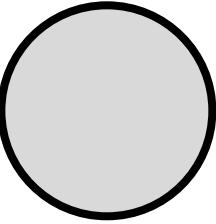
Abstention de grignotage



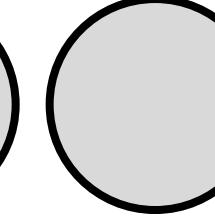
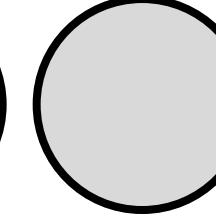
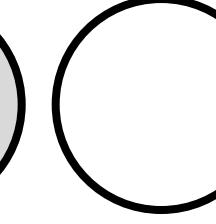
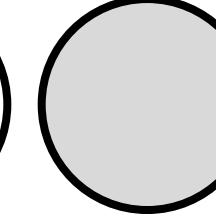
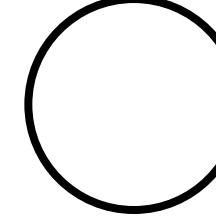
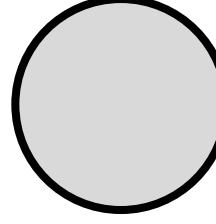
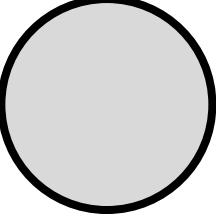
Jeûne (mercredi / vendredi)



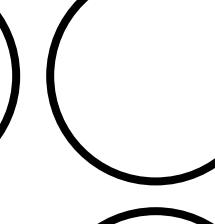
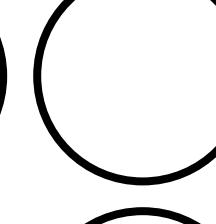
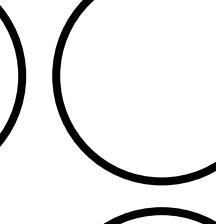
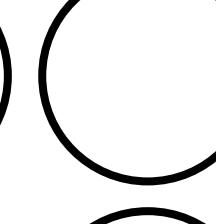
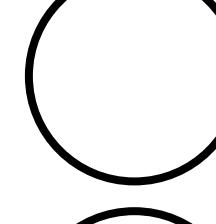
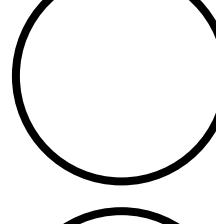
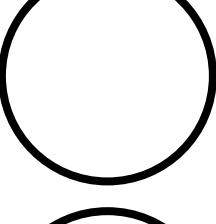
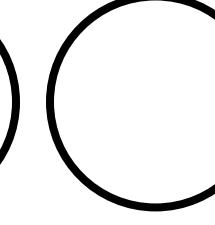
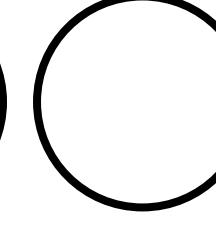
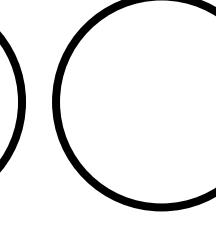
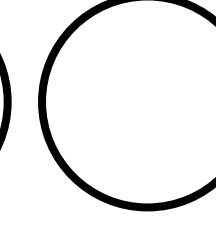
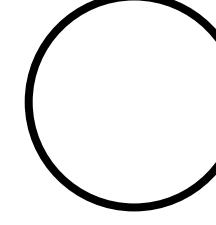
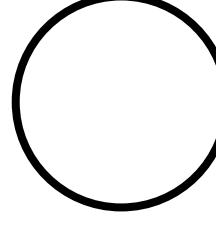
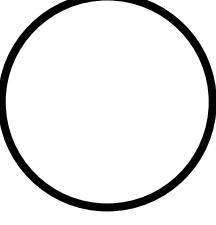
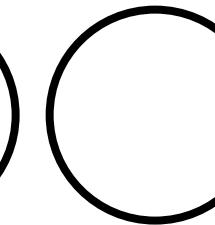
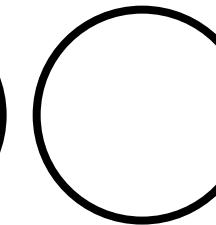
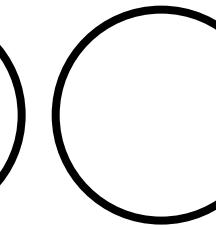
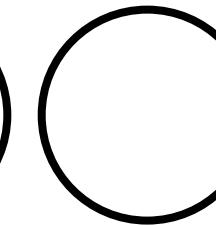
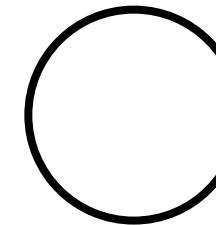
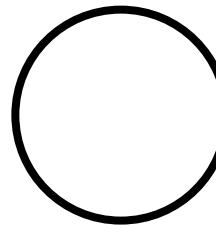
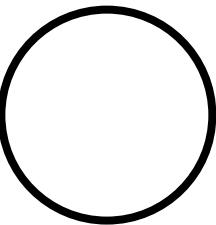
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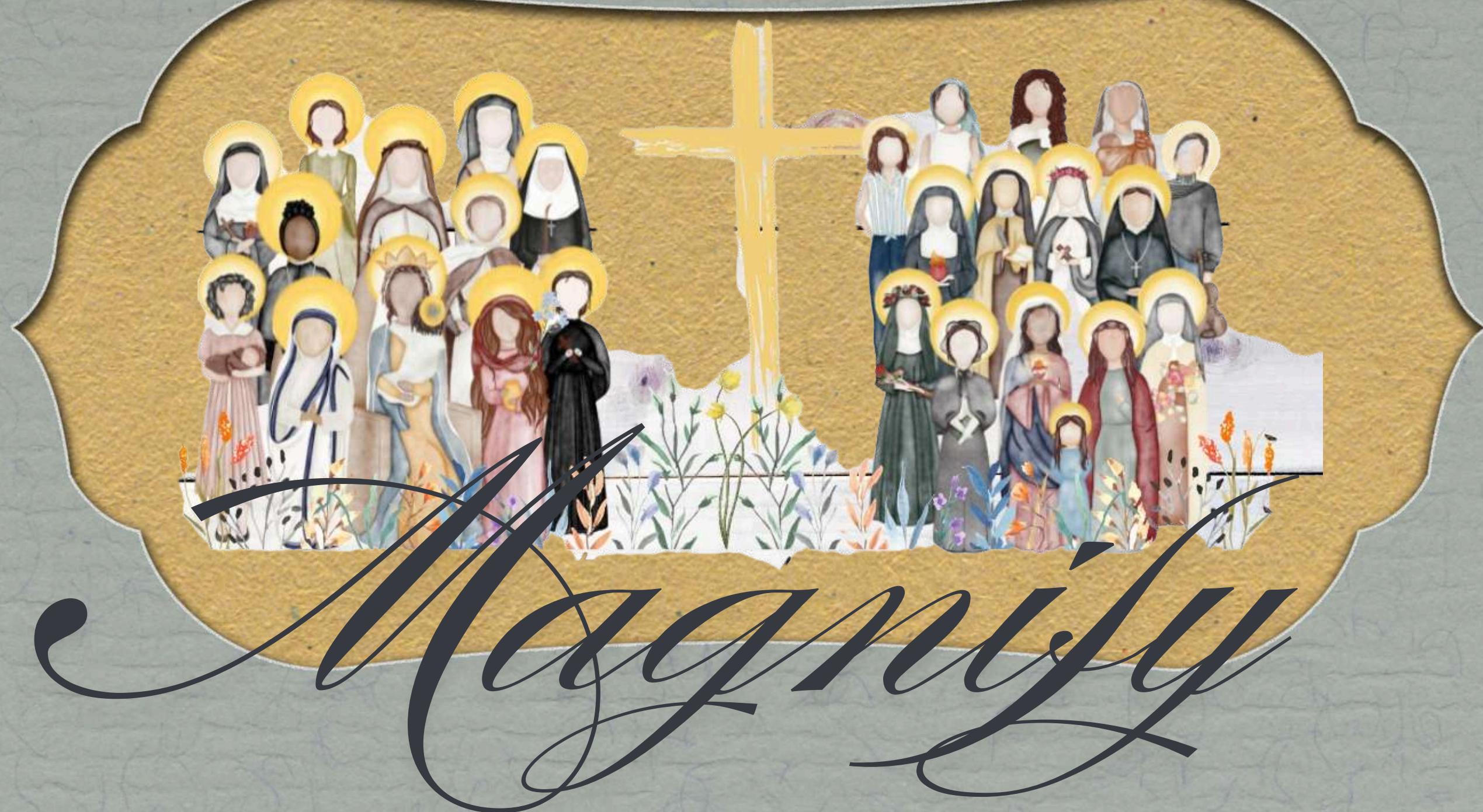


Abs. maquillage (me & ve)



Acte de charité





# Magnify

## MAGNIFY - SEMAINE \_\_\_\_

Pratiques quotidiennes

Lu

Ma

Me

Je

Ve

Sa

Di

Prière (au moins 30 min.)

Sacrements (C Conf. / M Messe)

Adoration hebdomadaire

Intention de prière

Contacter une personne

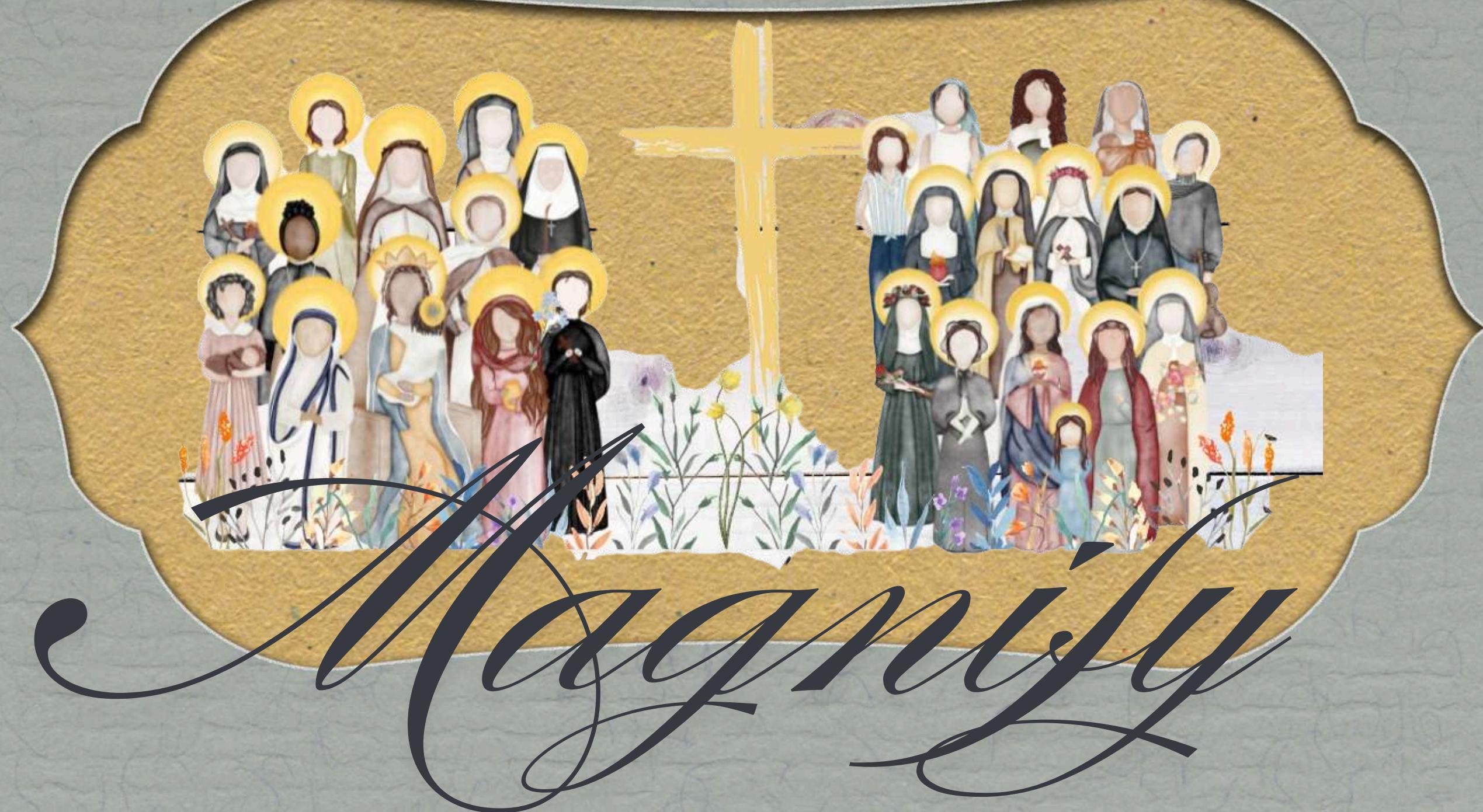
Promenade intentionnelle

Abstention TV / films

Abstention musique

Abstention réseaux sociaux

Abs. achats non essentiels



# Magnify

## MAGNIFY - SEMAINE \_\_\_\_

Pratiques quotidiennes

Lu

Ma

Me

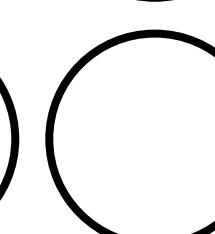
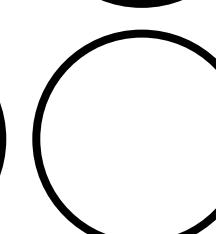
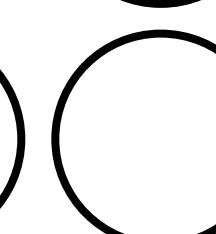
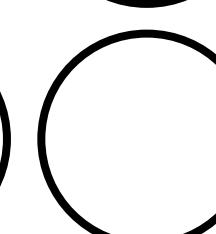
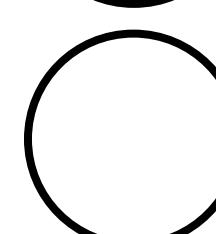
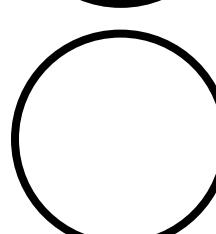
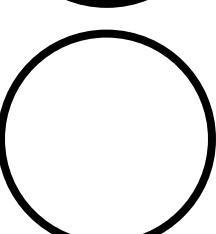
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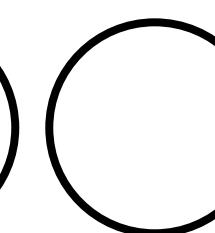
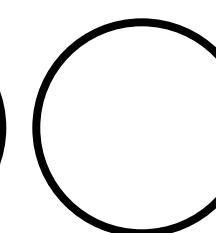
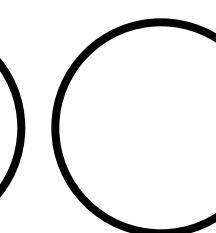
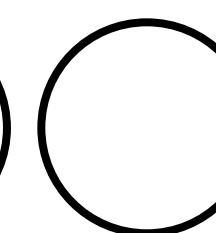
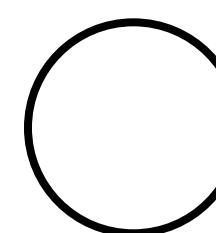
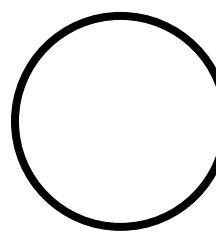
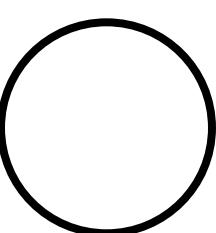
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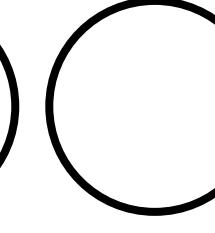
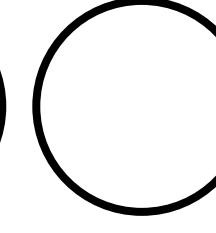
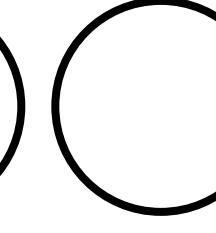
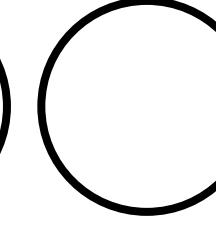
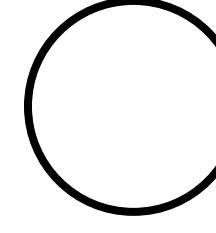
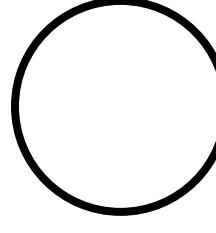
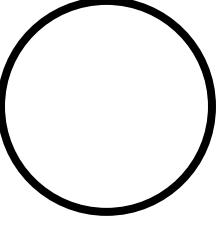
Abstention d'alcool



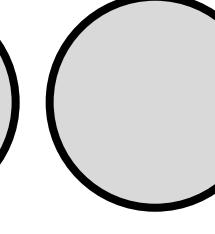
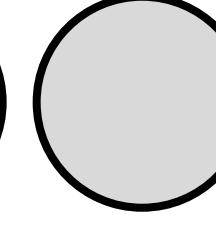
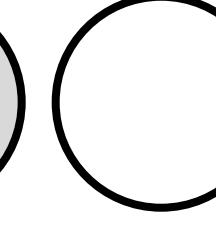
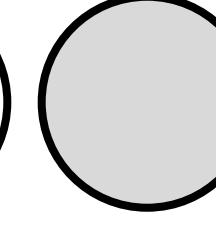
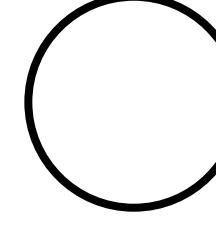
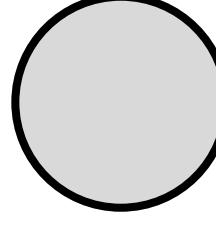
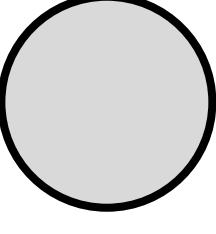
Abstention desserts sucreries



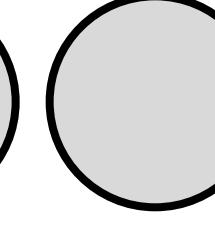
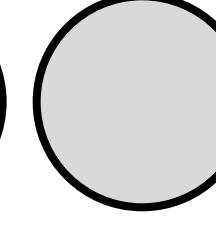
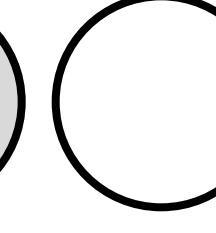
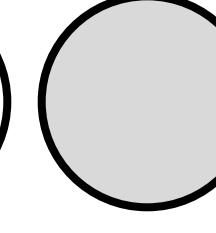
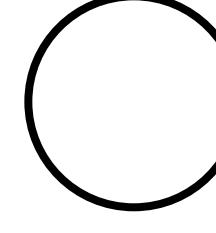
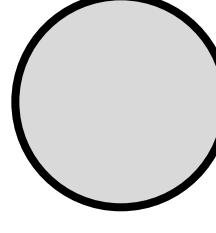
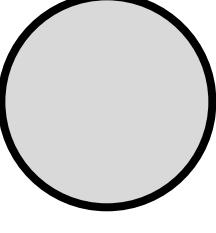
Abstention de grignotage



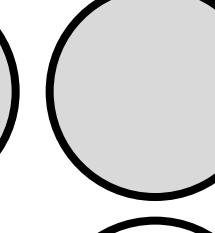
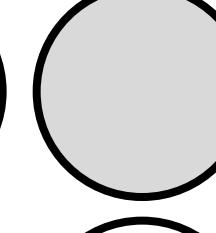
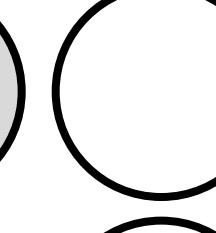
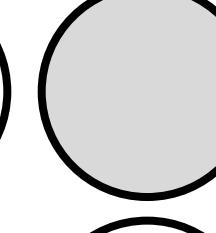
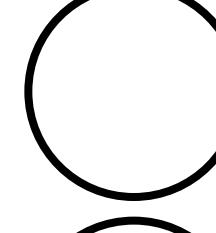
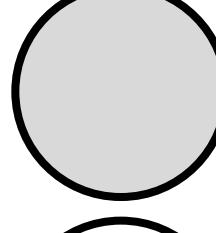
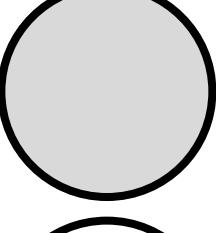
Jeûne (mercredi / vendredi)



Viande (mercredi / vendredi)



Abs. maquillage (me & ve)



Acte de charité

